# Williams County Emergency Medical Service



**PROTOCOLS** 

# Administrative



# **General Standing Order**

These standing orders are to be followed by all Fire/EMS services that are affiliated with William County EMS and operate under the authority, protocols and standing orders of the Medical Director employed by Williams County EMS.

- Emergency Medical Responders & EMTs can only perform Standing Orders at their level. All affiliated
  Advanced EMTs & paramedics who are not employees of Williams County EMS (WCEMS) are limited to
  functioning within the EMR scope of practice per the authorized directive of the Williams County Emergency
  Medical Services Medical Director.
- 2. Advanced EMTs employed by WCEMS can do Basic and Advanced Standing Orders.
- 3. Paramedics employed by WCEMS can do Basic, Advanced, Paramedic Standing Orders.
- Whenever there are pts involved, the highest level of care at the scene shall have medical authority at that scene.
- 5. Assure scene safety before approaching any scene.
- 6. All pre-hospital personnel are assumed to follow body substance isolation procedures.
- 7. Spinal Motion Restriction (SMR), Airway, Breathing & Circulation (i.e. Hemorrhage control) are the initial treatment for all pt unless otherwise stated in Standing Order.
- 8. Obtain history of present illness, medical history, medications, and allergies on all pts if possible.
- 9. All stable pts will have their vitals assessed Q 20 minutes at a minimum. All critical pts will have their vitals assess Q 10 minutes and should be considered Q 5 minutes. Minimum vitals required include: level of consciousness, respiratory rate, heart rate, and blood pressure. Other vitals to be considered include: skin color, skin temperature, skin texture, tympanic temperature, lung sounds, end-tidal CO2 level, blood sugar.
- 10. On-line Medical Control (OLMC) is the on-duty ER physician at Bryan or Montpelier Hospital while in Williams County. When transporting out of Williams County OLMC is the receiving physician for that pt or the on-duty ER physician at the receiving hospital.
- 11. Standing Orders should be initiated prior to seeking OLMC as often as possible. The receiving hospital should be contacted as soon as practical to advise of pt condition and transport status. In time critical emergencies such as serious trauma, STEMI, and stroke it is imperative to contact the receiving hospital as soon as the situation is known so that that facility can prepare for the arrival of the pt.
- 12. When circumstances and situations arise which are not covered by a Standing Order, medical judgment, discretion, and training are to be utilized. Deviation from the Standing Order is not recommended but is allowed when unable to contact Medical Control and pt is in immediate danger of loss of life and/or limb.
- 13. Lights and siren response to the hospital should be limited to time critical emergencies only.



- 14. Critical, unstable pts who are not being transported from the scene by helicopter will be transported to the closest hospital emergency room. The receiving hospital must be notified and updated on pt condition as soon as practical. Do not remain on scene with a critical pt who is packaged and ready for transport for a helicopter to arrive. Divert the helicopter to the nearest hospital and begin transport.
- 15. Serious/critical pts with stable vitals may be transported to the most appropriate hospital emergency room in Williams County or an adjacent county hospital that is less than 30 miles transport distance from scene. These pts must have a ALS Provider present during transport. If pt becomes unstable at any point during transport diversion to the closest hospital emergency room is required.
- 16. Non-critical, stable pts may be transported to their hospital of choice in Williams County or to an adjacent county hospital that is less than 30 miles transport distance from scene. These pts should be advised of services available at receiving hospital to aid in selecting appropriate hospital.
- 17. These Standing Orders shall be reviewed, rewritten, and amended at the discretion of the Medical Director at any time.
- 18. New and revised Standing Orders shall supersede any and all previously written Standing Orders.

Issue Date				
Review Date				
Revision Date				
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Dr. Todd Brookens, DC	), Medical Director	Williams (	County EMS Chief	



# **Communications**

- 1. All radio communication will be coordinated through Williams County Communications Agency(WCCA).
- 2. MARCS EMS86DISP will be the primary frequency used
- 3. Alternate frequency will be assigned by Williams County Communications.
- 4. In multi and/or unique situations, radio or phone contact should be made with the receiving hospital to advise them of the situation.
- 5. When circumstances and situations arise which are not covered by a Standing Order, medical judgment, discretion, and training are to be utilized. Deviation from the Standing Order is not recommended but is allowed when unable to contact Medical Control and pt is in immediate danger of loss of life and/or limb.

# **Documentation- Patient Care Report Narrative**

\*\*For every patient contact, the following must be documented at a minimum\*\*

### Dispatched To...

- a. Nature of Call
- b. Any Reasons for Delay (Staging, Trains, Weather)

### Arrived to Find...

- a. Patient Presentation Scenario
- b. Medical Caregivers / Other Responders on the Scene
- c. General Impression of the Patient / Level of Consciousness (AVPU)
- d. Patient's Chief Complaint
- e. Airway Assessment & Interventions ( Head Tilt, Jaw Thrust, Suction, Head Positioning
- f. Breathing Assessment & Interventions ( Pulse Oximetry, Ventilation, Lung Sounds )
- g. Circulation Assessment & Interventions (Manual Pulse, Capillary Refill, Skin Color, Bleeding Control, Initiation of CPR)
- h. SAMPLE History
- i. OPQRST as Appropriate
- j. Physical Assessment / Head to Toe Assessment

### **Treatments Provided:**

- a. Pulse Oximetry
- b. Airway Management Procedure
- c. Monitoring of Vital Signs
- d. Heart Monitor Placement
- e. Trauma Treatments
- f. Medications Administered
- g. Record Any On-Line Medical Orders Given

<sup>\*</sup>Denote which treatments are done on the scene, and which treatments are done enroute

# **Documentation- Patient Care Report Narrative**

### Response to Care:

- a. Response to all treatments
- b. Record improvements and decline in patient status

### **Transfer of Care:**

- a. The facility that the patient is transferred to
- b. Reason for destination choice when applicable



# **First Responder Medical Assist**

- 1. The appropriate first responder unit shall be dispatched automatically for all emergencies not in the Bryan fire service area. Bryan first responders will be dispatched anytime a Life Squad is not responding or by request of Life Squad. All Code 4s will have automatic fire dispatch.
- 2. EMS personnel shall, at their discretion, request or cancel dispatch of first responders depending upon situational needs:
  - a. Request when additional assistance is required, prolonged time until EMS arrival, provider discretion, etc.
  - b. Cancel close proximity, nursing homes, etc. Note: Bryan first responders should not be cancelled once dispatched.
- 3. Only First Responders, EMT, Advanced EMT and Paramedics should respond on medic assist calls. Only Williams County employees may drive a Williams County vehicle (ambulance).
- 4. Total number of first responders should not exceed four (4). Request fire for additional assistance
- 5. If it is necessary within a given service area to drive private vehicles to the scene, responding personnel shall park a safe distance from the scene and in a manner that allows for easy ingress and egress of ambulance(s) and other necessary vehicles
- 6. Incident Command System (ICS) will be established and followed for scene management.
- 7. Prior to arrival of EMS:
  - a. Two (2) first responder personnel shall evaluate the scene and initiate patient care unless the situation mandates involvement of additional personnel
  - b. Additional first responder personnel shall attend to other situations at the scene which are normally within their area of expertise
  - c. Contact incoming EMS unit on EMS dispatch channel to give them a brief patient report and inform them of any special patient needs or special scene circumstances
  - d. Inform dispatch of additional needs as identified:
    - a) additional ambulance personnel
    - b) back-up support of area fire departments
    - c) presence of law enforcement personnel



### 8. Upon arrival of EMS:

- a. Brief patient report shall be given to EMTs taking over patient care
- b. Provide additional assistance as needed
- c. Consult EMTs following initial assessment to inquire if additional assistance is needed prior to leaving scene
- d. If no further assistance is required, reassemble equipment not in use and depart scene
- e. When possible, replace used supplies from transporting ambulance
- 9. After completion of the run, a patient care report (PCR) must be completed. This PCR will remain on file at first responder station unless specifically requested by EMS for audit and review.



# **Helicopter EMS (HEMS)**

- 1. HEMS transport standby/dispatch may be initiated by:
  - a) Williams County EMS Life Squad and Paramedics.
  - b) BLS units, first responders, fire officers, police units who arrive on scene prior to the responding Life Squad and believe that an air ambulance is needed will contact the responding Life Squad, provide a brief scene and pt condition, and make a recommendation on air ambulance.
- 2. Consideration for HEMS transport:
  - a) Major trauma involving multiple body systems
  - b) Head injury with significantly altered mental status
  - c) Possible spinal injury with neurological compromise
  - d) Significant chest or abdominal trauma
  - e) Extended scene time (entrapment and/or extrication)
  - f) Extremity amputations (excluding digits) (consider T.C. Level I destination)
  - g) Critical burns
  - h) MVA fatality in the same vehicle
  - i) Scalping or degloving injury (excluding digits)
  - j) Near-drowning
  - k) Multiple critical patients
  - I) Road conditions inhibiting rapid ground transportation
  - m) ST elevation MI with extended transport distance/time
  - n) Acute stroke with high RACE score and extended transport distance/time
- 3. Initiation of HEMS transport dispatch
  - a) The responding/on-scene Life Squad will request an air ambulance standby/dispatch by notifying Williams County Communications Agency
  - b) Williams County Communications will then follow their established protocols for requesting the appropriate air ambulance
  - c) Williams County Communications will also dispatch the appropriate fire department to establish a landing zone
  - d) The responding fire department will establish radio communications with the responding air ambulance and provide updates to air ambulance as necessary
- 4. HEMS transport may be requested to receiving hospital helipad if ground transport time to hospital is short and/or scene dictates. Contact must be made with receiving hospital as soon as this decision has been made to ensure they are prepared to receive an air ambulance.
- 5. Patient care will be initiated under Williams County EMS Standing Orders and continued until patient care is released to air transport personnel.
- 6. Once a helicopter is placed on standby or requested to the scene they may only be cancelled or stood down by the responding Life Squad. If first responders believe that a helicopter is not required they will contact the responding Life Squad and provide a brief pt report. The Life Squad will then contact dispatch concerning the helicopter.



- 7. The following are available air services:
  - a. ProMedica Air-Toledo Express Airport
  - b. Samaritan Parkview Hospital, Ft. Wayne
  - c. Life Flight- Mercy St. Vincent's
- 8. Request closest available air ambulance for all incidents



# **Patient Refusal**

- 1. All patients are to be offered assessment including vitals and transportation to hospital emergency department.
- 2. Patients have the right to refuse treatment and transport if they meet the following conditions:
  - a) The patient is over 18 or is an emancipated minor
  - b) Drug impairment or alcohol intoxication of the pt does not prevent or complicate assessment
  - c) The patient is not a risk to himself or others
  - d) The patient has a normal mental status indicated by:
    - -Normal/Appropriate Speech
    - -Alert and oriented to person, place, and time
    - -Appropriate, rational thinking
  - e) The patient has access to a phone or "significant others" to seek follow-up medical care if required.
- 3. All risks of refusing treatment and/or transport are to be explained to the patient.
- 4. If it is determined that refusing treatment could be detrimental to the patient's life or limb, or patient does not meet requirements of #2 above, then law enforcement should be contacted for review and assistance.
- 5. The following circumstances should have an ALS provider evaluation prior to patient refusal (If ALS provider is available)
  - a) Any circumstance where BLS provider feels ALS care is warranted
  - b) Near Drowning
  - c) Chest pain of any type, cardiac irregularity (too fast, too slow, irregular, weak pulse)
  - d) Respiratory Distress
  - e) Serious blunt or any penetrating head, neck, chest or abdominal injury
  - f) Symptomatic hypotension or symptomatic hypertension
  - g) Diabetic emergencies
  - h) All facial burns, electrical burns, 2nd or 3rd degree burns on more than 10% of body
  - Overdose or accidental poisoning
  - j) First time seizure, repetitive seizure, extended postictal time
  - k) Severe orthopedic injuries
  - m) Head injury with loss of consciousness
  - n) Signs or symptoms of spinal injury
  - o) Syncope
- 6. A patient refusing treatment should be encouraged to follow up with his/her family physician.
- 7. The patient should sign a refusal form.
- 8. If a patient refuses to sign, this should be thoroughly documented and signed by witnesses.
- 9. If the patient is a minor, parents or other responsible party (such as a grandparent, principal, police officer, etc.) must sign the refusal.
- 10. Complete an ABN form
- 11. Complete a run report documenting the assessment, treatment and discussions with the patient and/or law enforcement, family, witnesses or medical control regarding care and offer of transport.



# **Interfacility Transfers**

### General

- 1. Transfers will occur normal traffic (no lights/siren) unless:
  - a) ER staff has a documented rationale for not utilizing air medical transport. (such as weather, no aircraft available, etc.)
  - Patient condition worsens during transport and personnel believe diversion to closest facility would be inappropriate.
- 2. Doctor request/order is not an indication for lights/siren transport.
- 3. Use of lights/siren transfers must be documented and justified on the patient run report.
- 4. Transfers will be limited to within 75 miles of referring hospital.
- 5. No transfers to Urgent Care Centers.
- 6. No transfers from patient home to Nursing Care Facility unless preapproved by EMS 1 or EMS 2
- 7. The total number of IVs infusing at one time during transfer is limited to four.
- 8. The total number of IV Infusion pumps operating at one time is limited to three.
- 9. Only two IV Infusion pumps may be running if the patient is also on CPAP
- 10. Only two IV Infusion pumps may be running if the patient is on a balloon pump.
- 11. An appropriately trained RN will transport with a patient who is on a balloon pump.
- 12. No intubated patients will be transferred out of county.
- 13. Infusing blood may be continued during transport if the paramedic has completed the 2013 required scope of practice updates.
- 14. Ohio scope of practice does not permit paramedics to initiate blood transfusions
- 15. An appropriately trained RN will transport with a patient who has a medication running which the paramedic is uninformed about or uncomfortable with.
- 16. If the paramedic believes the patient requires care above what they are able to provide then an Appropriately, trained RN will transport with the patient and be responsible for patient care. If an RN is unavailable the transfer will be refused.
- 17. Only paramedics may transport patients when medications are infusing thru an Infusion pump.
- 18. Basic EMTs may transport patients with a saline lock. The IV site may not be accessed during transport.
- 19. Will not routinely transport patients in active labor. Approval may be granted by EMS 1 or EMS 2 in special situations

# Standing Orders



# **Universal Patient Care Protocol**

### Scene Size-Up

- a. Is the scene safe
- b. Mechanism of injury/nature of injury
- c. Number of pts
- d. Are additional resources necessary
- e. Consider Spinal Motion Restriction (SMR)

### Arrived to Find...

- a. Patient Presentation Scenario
- b. Medical Caregivers / Other Responders on the Scene
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- e. Airway Assessment & Interventions ( Head Tilt, Jaw Thrust, Suction, Head Positioning )
- f. Breathing Assessment & Interventions (Pulse Oximetry, Ventilation, Lung Sounds)
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### **Treatments Provided:**

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# **Atrial Fibrillation/Atrial Flutter**

### **Basic**

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 2. Support ABCs

### Advanced

- 1. Cardiac Monitor
- 2. Saline lock placement

- 1. 12 Lead
- 2. Treat accompanying symptoms as indicated
- 3. Diltiazem 10-20 mg slow IV push. Drip 10 mg/hour (Do not use in WPW)
- 4. Consider cardioversion if tachycardias (rate>150bpm) ONLY with serious signs and symptoms related to the tachycardia (i.e. shock, altered mental status, hypotension). See cardioversion standing order.
  - a. Atrial flutter often responds to lower energy levels; start with 50 to 100J. If initial dose fails, increase in stepwise fashion.
  - b. For atrial fibrillation, use 120 to 200J initial (selected) biphasic shock and then increase in stepwise fashion.



## **Airway**

### **Basic**

- 1. Assess airway patency on all patients
- 2. Provide oxygen to maintain O2 saturation greater than 95%.
- 3. Suction as needed. This may include oral cavity, ET tube, tracheostomy tube, and stoma.
- 4. If airway found to be compromised, open with head-tilt, chin lift (jaw thrust if potential for cervical spine injury exists)
- 5. For patients without an intact gag reflex, place Oropharyngeal airway
- 6. Consider placement of nasopharyngeal airway for patients with intact gag reflex
- 7. Assist ventilations as needed.
- 8. Place a supraglottic airway (iGel) for patients in cardiac arrest who are pulseless and apneic. Confirm placement with continuous waveform capnography, observation of chest rise, auscultation of lung sounds, and absence of sounds over the epigastrium.
- 9. If patient's airway is occluded with a foreign object, use Heimlich maneuver, if unresponsive start CPR; look into pts mouth while opening airway during CPR, use finger sweep only to remove visible foreign body
  - a) Obese and pregnant pts use chest thrust
  - b) For infants, use 5 back blows and 5 chest compressions
  - c) Consider strong suction
  - d) Supplemental oxygen to maintain O2 sat greater than 95% and rapid transport for partial obstruction
  - e) Strongly encourage transport even if obstruction relieved
- 10. Consider CPAP for conscious patients without facial trauma (5-15 cm/h20 titrate to effect)

### Advanced

- 1. Continue basic airway procedures
- 2. May remove and/or replace tracheostomy tube over a bougie if necessary
- 3. Initiate IV/IO
- 4. Cardiac Monitor

- 1. Consider Medication Assisted Intubation (MAI) or Rapid Sequence Intubation (RSI) if intubation is indicated in a patient with an intact gag reflex
- 2. If airway is occluded by a foreign body and it is unable to be cleared using the Heimlich maneuver, visualize the epiglottis and attempt the removal of the object with Magill forceps
- 3. If airway compromise is due to medical problem, consider pharmacological interventions
- 4. Can't intubate/Can't oxygenate->cricothyrotomy
  - a) Do not perform a surgical cricothyrotomy on a pt under 12 years of age



# **Altered Mental Status/Unresponsive**

### **Basic**

- 1. Assure patent airway, assist ventilation as needed
  - a. Oxygen with pulse oximetry to maintain O2 saturation greater than 95%.
  - b. May use blow-by O2 or nasal cannula if patient unable to tolerate non-rebreather.
  - c. Consider OPA/NPA.
- 2. Determine blood glucose level, treat as indicated
- 3. Do not administer oral glucose to a patient who has altered mental status or is unresponsive
- 4. Obtain and transmit 12 lead ECG
- 5. Consider Naloxone
  - a. 4 mg IN

### **Advanced**

- 1. If pt is hypoglycemic, follow "Hypoglycemia" Standing Orders
- 2. Continuous cardiac monitoring
- 3. Establish IV, bolus as needed to maintain adequate perfusion
- 4. Consider Naloxone:
  - a. Adult Dose: 0.5-2mg slow (if possible) IV/IO/IM Q 2-3 min PRN (IN 4 mg)
  - b. Peds Dose: Less than 5yrs old 0.1mg/kg IV/IO/IM/IN. Pts older than 5yrs same as adult.

- 1. Perform 12 lead EKG if not already done
- 2. If cardiac dysrhythmia present, follow ACLS guidelines.
- 3. Consider Intubation if unable to maintain patent airway.
- 4. Consider other possible causes (AEIOU-TIPS), treat as indicated.
  - A: Acidosis, alcohol
  - E: Epilepsy
  - I: Infection
  - O: Overdose
  - U: Uremia (kidney failure)
  - T: Trauma, tumor, toxin
  - 1: Insulin (hypoglycemia or diabetic ketoacidosis)
  - P: Psychosis, poison
  - S: Stroke, seizure



# **ALLERGIC REACTION/ANAPHYLAXIS**

### Basic

- 1. Supplemental oxygen with pulse oximetry to maintain O2 saturations greater than 95%
- 2. Assist pt with their own EpiPen if they meet the four rights (right patient, right medication, right dose, and right date)
- 3. For anaphylaxis give Epipen or equivalent (All Levels)
- 4. Monitor vitals

### Advanced

- 1. Establish IV/IO access
  - a. if normotensive, give LR at maintenance rate
  - b. if hypotensive, give LR 1 liter
- 2. Place cardiac monitor
- 3. Give Epinephrine 1:1000
  - a. Adult Dose: 0.3-0.5mg IM Q 3-5 min max 2 doses
  - b. Peds Dose: 0.01mg/kg IM Q 3-5 min, 0.5mg max single dose, 2 doses max
- 4. Give Benadryl:
  - a. Adult Dose: 25-50mg IV/IO or deep IM
  - b. Peds Dose:
    - 2-6 years max 6.25mg iV/IO/IM 6-12 years 12.5-25mg IV/IO/IM
  - c. >12 years use adult doses
- 4. Give Albuterol/Atrovent aerosol treatment via nebulizer
  - a. Adult Dose: Albuterol- 2.5mg in 3ml normal saline; and

Atrovent- 0.5mg/2.5ml, both medications mixed together

b. Peds Dose: Same as adult (>12 years of age)

Peds Dose: (<12 years of age), Albuterol- 2.5mg in 3ml normal saline; and

Atrovent- 0.25 mg or ½ ampule; both medications mixed together

Repeat doses of Albuterol may be given, only one dose of Atrovent is given during pre-hospital care

- 1. Give Solumedrol
  - a. Adult Dose: 125mg IV/IO/IM over 30-60 seconds
  - b. Peds Dose: 1-2mg/kg IV/IO/IM max dose 125 mg over 30-60 seconds
- 2. Consider Epinephrine 1:10000 for severe anaphylaxis/asthma/bronchospasm
  - a. 0.3 0.5mg slow (if possible) IV/IO epinephrine 1:10000 may be administered after the second dose of epinephrine 1:1000 fails to show any clinical improvement in the adult patient



# Asthma/COPD

### **Basic**

- 1. Supplemental oxygen with pulse oximetry to maintain O2 saturation greater than 95%
- 2. Monitor vitals
- 3. Assist patient with own Inhaler if patient meets five rights (right patient, right medication, right route, right dose, right date)
- 4. Consider CPAP 5cm H20

### **Advanced**

- 1. Establish IV access
- 2. Place cardiac monitor/Continuous waveform capnography
- 3. Consider Albuterol/Atrovent aerosol treatment via nebulizer
  - a. Adult Dose: Albuterol- 2.5mg in 3ml normal saline; and
    Atrovent- 0.5 mg/2.5ml, both medications mixed together
  - b. Peds Dose: Same as adult (>12 years of age)

Peds Dose: (<12 years of age), Albuterol- 2.5mg in 3ml normal saline; and Atrovent- 0.25 mg or ½ ampule; both medications mixed together

Repeat doses of Albuterol may be given, only one dose of Atrovent is given during pre-hospital care

- 1. Consider Epinephrine 1:1,000:
  - a. Use only in immediately life threatening condition. Use with caution in heart disease, hypertension, tachyarrhythmias, age greater than 50.
  - b. Adult Dose: 0.3-0.5mg IM
  - c. Peds Dose: 0.01mg/kg IM; 0.5mg max
- 2. Consider Epinephrine 1:10,000 for severe anaphylaxis/asthma/bronchospasm
  - a. 0.3 0.5mg slow IV/IO epinephrine 1:10,000 may be administered after the second dose of epinephrine 1:1000 fails to show any clinical improvement in the adult patient
- 3. Give Solumedrol following breathing treatments:
  - a. Adult Dose: 125mg IV/IO/IM over 30-60 seconds
  - b. Peds Dose: 1-2mg/kg IV/IO/IM max dose 125mg over 30-60 seconds
- 4. Give Magnesium Sulfate 2 grams IV infusion over 20-30 minutes
- 5. Only consider intubation as a last resort in acute asthma exacerbation



# Behavioral Emergency/Combative Patient (Agitated delirium)

### Basic

- 1. Police assistance should be requested for any combative patient regardless of etiology
- 2. Consider all potential causes of combativeness and treat as indicated
  - a) Hypoxia
  - b) Drug/alcohol overdose
  - c) Hypo/hyperglycemia
  - d) Head injury
  - e) Seizure
  - f) Stroke
  - g) Psychosis
  - h) Dementia
- 3. If patient is felt to be a violent threat to self or to others, soft restraints may be used.
  - a) Continuous assessment of distal circulation is mandatory.
  - b) NEVER restrain patient in prone or "hog tie" position
- 4. If patient is handcuffed, law enforcement must accompany the patient.
  - a) Patient may only be handcuffed to cot. Do not secure pt to transport vehicle.
- 5. Mandatory documentation includes:
  - a) Indications for restraints
  - b) Time placed
  - c) Type of restraints
  - d) Effectiveness of restraints
  - e) Assessment of circulation, motor response, and sensation distal to restraints
- 6. Perform glucose check

### Advanced

- 1. For patient deemed violent threat to self or crew (as determined by medical crew) Police may not request ketamine be used to restrain patient. Ketamine use ONLY as medically indicated
  - a) Ketamine 4 mg/kg IM max dose 400 mg
  - b) Or midazolam 5 mg IM or IN
- 2. CARDIAC MONITOR, NIBP, WAVEFORM ETCO2, SPO2 MANDATORY
- 3. IV/IO mandatory
- 4. Bolus 1 liter LR

### **Paramedic**

### Midazolam

- a) Adult Dose: 2.5-10mg slow IV/IO/IM/IN, Q 5 min PRN
- b) Pediatric Dose: 0.1mg/kg slow IV/IO/IM Q 5 min PRN, max single dose 2.5mg



# **Bradycardia (Adult)**

### Basic

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 2. Support ABCs
- 3. Obtain and transmit 12 lead ecg

### Advanced

- 1. Place heart monitor and consider defibrillation pads. Obtain and transmit 12 lead ecg if not already done
- 2. IV placement with LR.

- 1. 12 Lead EKG (don't delay treatment)
- 2. Search for and treat possible contributing factors (Hs and Ts)
- 3. Prepare for transcutaneous pacing; use without delay for high-degree block (type II 2nd degree or 3rd degree AV block)
- 4. Consider sedation/analgesia prior to pacing:
  - a. Versed 2.5-5mg IV/IO/IM/IN
  - b. Ketamine 0.25 mg/kg IV
  - c. Fentanyl 50-100 mcg IV/IO/IM/IN; may repeat x 1 with max dose 200 mcg
- 5. Consider Atropine:
  - a. 1 mg IV/IO Q 3-5min PRN max total dose 3mg
- 6. Consider Epinephrine infusion: 1:10000
  - a. 2-10 mcg/min IV/IO



# **Bradycardia with a Pulse (Pediatric)**

### Basic

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 2. Support ABCs
- 3. If HR < 60/min with poor perfusion despite oxygenation and ventilation initiate CPR.
- 4. Obtain and transmit 12 lead ecg

### Advanced

- 1. Place cardiac monitor and defibrillation pads; obtain and transmit 12 lead ecg if not already done
- 2. IV/IO placement with normal saline hung

- 1. 12 Lead EKG (don't delay treatment)
- 2. Search for and treat possible contributing factors (5Hs and Ts)
- 3. Consider Epinephrine:
  - a. 0.01mg/kg of 1:10,000 IV/IO Q 3-5 min
- 4. Consider Atropine:
  - a. 0.02mg/kg IV/IO Q 3-5 min max 2 doses. Minimum single dose 0.1mg and maximum single dose 0.5mg
- 5. Consider Pacing:
  - a. Set demand rate to approx 80 bpm
  - b. Increase power (mA) from minimal setting until consistent capture is achieves as characterized by a widening QRS and a broad T wave after each pacer spike
  - c. Add 2mA for safety margin



## **BURNS**

### Basic

- 1. Supplemental oxygen with pulse oximetry to maintain O2 saturation greater than 95%
- 2. If patient shows signs of shock, elevate lower extremities
- 3. Monitor vitals
- 4. Wrap burns in dry, sterile dressing. Use burn sheet for large burns
- 5. Separate fingers and toes with gauze prior to wrapping.
- 6. Remove jewelry and clothing from burn areas. Do not attempt to remove clothing that is adhered to skin.
- 7. Minor burns may be cooled with cool, moist dressings.
- 8. Keep pt warm to prevent hypothermia.
- 9. Consider helicopter transport for critical burns, including:
  - a. 2nd and 3rd degree burns of greater than 10% TBSA in pts < 10 years or > 50 years
  - b. 2nd and 3rd degree burns of greater than 20% TBSA in all other age groups
  - c. 2nd and 3rd degree burns that involve the face, hands, feet, genitalia, perineum or major joints
  - d. 3rd degree burns of greater than 5% of the TBSA in any age group
  - e. Electrical burns, including lightning injury
  - f. Pts with pre-existing medical disorders that could complicate management or prolong recovery
  - g. Burns with associated trauma

### **Advanced**

- 1. Establish one or two large-bore IVs based on patient presentation
  - a. Adult Administer LR 20 ml/kg, Re-assess and repeat as necessary
  - b. Avoid over-hydration, esp in geriatric pts
  - c. Peds Bolus at 10-20mL/kg, Re-assess and repeat as necessary
- 2. Cardiac monitor for electrical and lightning burns or pts with cardiac history

- 1. Consider early intubation for facial and airway burns.
- 2. If laryngeal edema prevents intubation, consider cricothyrotomy
- 3. Consider Morphine for pain (Preferred for burn patients):
  - a. Adult: 2-5mg IV/IO/IM Q 10 min PRN
  - b. Peds: 0.1-0.2mg/kg IV/IO/IM max single dose 5mg Q 10 min PRN
- 4. Consider Fentanyl for pain:
  - a. Adult: 25-100mcg IV/IM/IO Q 10 min, max cumulative dose 300mcg
  - b. Peds: 1-2mcg/kg IV/IM/IO Q 30 min
- 5. Consider ketamine for pain control:
  - a. Adult: 0.25 mg/kg IV/IO 1 mg/kg IM b. Peds: 0.25mg/kg slow IV/IO; 1 mg/kg IM



# **Burns - Special Considerations**

### **Thermal**

- 1. Stop the burning process
- 2. Consider possibility of associated trauma or spinal injury
- 3. Assure airway patency, be alert for signs of inhalation injury
- 4. High-flow O2 or assisted ventilations as needed
  - a) Paramedics consider early intubation if there is a possibility of airway compromise due to swelling

### Electrical

- 1. Determine the scene is safe prior to approaching patient
- 2. Look for both entrance and exit wounds (multiple entrance and exits wounds possible)
- 3. Look for smoldering shoes, belts, etc.
- 4. Prepare for cardiac dysrhythmias

### Inhalation

- 1. Assure safety of EMS personnel
- 2. Determine substance patient exposed to and length of exposure
- Support airway
- 4. Supplemental O2 or assisted ventilations as needed
  - a) Paramedics consider early intubation if there is a possibility of airway compromise due to swelling
- 5. Consider rapid transport

### Chemical

- 1. Personal protection is a priority
- 2. Protect against airborne dust or toxic fumes for EMS personnel and patient
- 3. Consider requesting fire department and/or HAZMAT team as needed
- 4. Identify type of agent, exact chemical name, length of contact and areas of patient affected
- 5. Use DOT Emergency Response Guide, CHEMTREC and/or Poison Control for treatment guide
  - a) CHEMTEC: 1-800-424-9300
  - b) Poison Control (National): 1-800-222-1222
- 6. For dry chemicals, brush chemical off, then flush with larges amounts of water



# **Cardiac Arrest (Adult)**

### Basic

- 1. Check for responsiveness and signs of breathing (5 10 seconds)
- 2. Assess for a pulse (assess for 5 10 seconds)
- 3. If no pulse give chest compressions
  - a. Rate at least 100-120 per minute
  - b. Adult chest compressed at least 2 inches
  - c. Avoid any interruptions in CPR.
  - d. If safe to do so, resuscitate at point of illness
  - e. Utilize LUCAS 2 device
  - f. Monitor etco2 for ROSC. Will usually spike indicating ROSC has occurred.
- 4. After first set of compressions open the airway
  - a. Clear airway
  - b. Insert OPA
- 5. Provide positive-pressure ventilations via BVM
  - a. Rate is 30 Compressions to 2 Breaths (without advanced airway)
  - b. Attach high flow oxygen to BVM
  - c. Avoid hyperventilation
- 6. Attach AED
  - a. Analyze and follow prompts
  - b. If rhythm check reveals shockable rhythm give 1 shock
- 7. Resume high quality CPR immediately after shock or if no shock advised
  - a. Do not assess for a pulse immediately after defibrillation, resume CPR
- 8. Place iGel if ventilation is unsuccessful with OPA & BVM
  - a. Confirm placement by listening for lung sounds and visualizing chest rise with ventilation
  - b. Confirm placement with waveform capnography (Mandatory)
  - c.. Once advanced airway in place give 1 breath every 6-8 seconds (8-10 breaths per min)
- 9. If no ALS support is on scene and arrest unwitnessed, follow BLS Termination of Resuscitation (TOR) guidelines
  - a. 3 cycles of CPR with the AED advising "no shock advised"
  - b. 6 shocks have been delivered with 2 minutes of CPR between shocks
  - c. If patient regains pulses, transport as soon as possible
  - d. Scene time should not exceed 20 minutes prior to transport

### Advanced

- 1. Place cardiac monitor
- 2. IV/IO placement
- 3. Glucose check
- 14 Place advanced airway (ETT or iGel) with continuous waveform capnography (Capnography Mandatory)



# **Cardiac Arrest (Adult)**

### **Paramedic**

- 1. Epinephrine:
  - a. 1mg of 1:10000 IV/IO followed by 20ml normal saline flush Q 5 min during resuscitation (Max dose = 3 mg)
- 2. For VF/VT give Amiodarone:
  - a. 300mg IV/IO followed by a 20ml normal saline flush
  - b. 2nd dose of 150mg can be given in 3-5min
- 3. Consider Sodium Bicarbonate
  - a. 50mEq IV/IO
- 4. Treat reversible causes:

Hypovolemia - Tension pneumothorax
 Hypoxia - Tamponade, cardiac

Hydrogen ion(acidosis) - Toxins

Hypo-/hyperkalemia - Thrombosis, pulmonary
 Hypothermia - Thrombosis, coronary



# **Cardiac Arrest (Pediatric)**

### Basic

- 1. Check responsiveness and signs of breathing (5-10 seconds)
- 2. Assess for a pulse (assess for 5-10 seconds)
- 3. If no pulse, or pulse is < 60 bpm with signs of poor perfusion, give chest compressions
  - a. Push hard (greater than or equal to 1/3 of anterior-posterior diameter of chest)
  - b. Push fast (at least 100 compressions per min)
  - c. Rate for 2 person CPR is 15 Compressions to 2 Breaths
  - d. Rate for 1 person CPR is 30 Compressions to 2 Breaths
- 4. After first set of compressions open the airway
  - a. Clear airway
  - b. Insert OPA
- 5. Provide positive-pressure ventilations via BVM
  - a. Attach high flow oxygen to BVM
  - b. Avoid excessive ventilation
- 6. Place Defibrillator pads (Age Appropriate)
  - a. Analyze and follow prompts
  - b. If rhythm check reveals shockable rhythm give 1 shock
- 7. Resume high quality CPR immediately after shock or if no shock advised
- 8. Consider iGel (weight/age appropriate) placement if ventilation is unsuccessful with OPA & BVM
  - a. Confirm placement by listening for lung sounds and visualizing chest rise with ventilation
  - b. Confirm placement with waveform capnography (Mandatory)
  - c. Once advanced airway in place give 1 breath every 6-8 seconds (8-10 breaths per min)
- 9. If no ALS support is on scene, transport the patient when:
  - a. 3 cycles of CPR with the AED advising "no shock advised"
  - b. 6 shocks have been delivered with 2 minutes of CPR between shocks
  - c. If patient regains pulses, transport as soon as possible
  - d. Scene time should not exceed 20 minutes prior to transport

### Advanced

- 1. Place cardiac monitor
  - a. If rhythm check reveals shockable rhythm give 1 shock

First shock 2J/kg

Second shock 41/kg

Subsequent shocks ≥4J/kg max 10J/kg or adult dose

- 2. IV/IO placement
- 3. Glucose check



# **Cardiac Arrest (Pediatric)**

- 1. Place advanced airway (ETT or iGel) with continuous waveform capnography
  - a. If intubation is selected, one intubation attempt only by most experienced intubator then move to iGel
- 2. Epinephrine:
  - a. 0.01mg/kg (0.1 ml/kg) IV/IO of 1:10,000 Q 3-5 min
- 3. For VF/VT consider Amiodarone:
  - a, 5mg/kg IV/IO Q 3-5 min x 3 doses
- 4. Treat reversible causes:
  - a. Hypovolemia, Hypoxia, Hydrogen ion (acidosis), Hypo/Hyperkalemia, Hypothermia
  - b. Tension pneumothorax, Tamponade cardiac, Toxins, Thrombosis (cardiac or pulmonary)
- 5. Do Not "Load and Go". Perform meaningful interventions on-scene before beginning safe transport



# Cardiac Arrest (Traumatic)

### Basic

- 1. Maintain c-spine precautions
- 2. Apply AED pads and treat as indicated
- 3. Begin CPR, including appropriate airway management (iGel)
- 4. Control external hemorrhage (direct pressure, tourniquet)
- 5. Consider rapid transport to receiving facility as soon as pt is packaged and inside the ambulance
- 6. Do not begin resuscitation on patients with signs of obvious mortality. This may include:
  - a. Decapitation
  - b. Obvious Rigor mortis
  - c. Dependent Lividity
  - d. Extensive total body burns with absence of vital signs
  - e. Severe blunt/penetrating trauma with apparent injuries incompatible with life
- 7. If there is any question about patient viability begin resuscitation efforts

### Advanced

- 1. Establish IV/IO access with LR hung to maintain systolic B/P 90-100mm/hg
- 2. Continuous cardiac monitoring
- 3. Consider rapid transport to receiving facility as soon as pt is packaged and inside the ambulance

- 1. Airway (BVM, OPA, iGel, ETI) with c-spine control
- 2, IV/IO LR bolus 1 liter
- 3. Needle decompression of both hemithoraces (preferred site 4 intercostal space anterior axillary line)
- 4. Bind pelvis with commercial binder
- 5. Pull all extremities to length
- 6. Control external sources of hemorrhage (direct pressure/CAT tourniquet)
- 7. Avoid epinephrine unless medical cause of arrest is suspected
- 8. Consider TOR (termination of resuscitation) Protocol
- 9. Patient with injury obviously incompatible with life or traumatic arrest in asystole despite above maneuvers?
  - a. Yes = contact OLMC for termination of efforts
  - b. No = follow appropriate protocol



# **Chest Pain/ACS**

### Basic

- 1. Supplemental oxygen with pulse oximetry to maintain O2 saturation > 95%
- 2. Have patient chew & swallow 324/325mg ASA if pt hasn't taken ASA within 4 hours of onset of chest pain/pressure (check for allergies)
- 3. Obtain and transmit 12 lead ECG

### **Advanced**

- 1. Place on cardiac monitor and obtain and transmit 12 lead EKG
- 2. Establish IV/saline lock
  - a. If normotensive, give normal saline at maintenance rate
  - b. If hypotensive, give normal saline in 250ml boluses and reassess, watch for signs of over hydration.
- 3. Consider Nitroglycerin
  - a. 1 sublingual tablet Q 3-5 min. PRN, max 3 tablets total
  - b. Ensure Right pt, Right Drug, Right Route, Right Time, Right Expiration Date.
  - c. Any Nitroglycerin administration contraindicated with B/P <100 mm/hg systolic
  - d. IV access required if B/P < 140 mm/hg systolic prior to nitro administration
  - e. Nitro contraindicated if pt has taken Viagra/Levitra in the past 24hrs or Cialis in last 48hrs.

- 1. Perform 12 Lead EKG if not already done
  - a. STEMI? Transport to closest PCI capable facility
  - b. The receiving hospital ER should be contacted to determine availability of cath lab prior to considering air ambulance transport to an out-of-county facility for pt with acute STEMI
  - c. Transmit 12 lead to receiving hospital (if available).
- 2. Consider Fentanyl for pain not relieved with Nitroglycerin
  - a. 25-100mcg IV/IO/IM Q 10 min, max cumulative dose 300mcg



# **Child Birth/Field Delivery**

### **Basic**

- 1. Determine
  - a. Gravida (number of pregnancies)
  - b. Para (number of live births)
  - c. Expected due date
  - d. Time between contractions (determine from start of one to start of next)
  - e. Amniotic membrane intact or ruptured
- 2. Consider on scene delivery if signs of imminent delivery are present
  - a. Contractions < 2 minutes apart
  - b. Bulging perineum
  - c. Crowning
  - d. Patient expresses urge to push
- 3. Oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 4. Assemble delivery supplies from OB kit
- 5. Have patient lie on back with legs elevated or with assisted elevation of upper legs (per pt comfort)
- 6. Drape surface patient is lying on, patient's abdomen and perineum
- 7. As head crowns, control it with gentle pressure to avoid explosive delivery resulting in vaginal and perineal tearing
- 8. Palpate babies neck region prior to delivery to check for nuchal cord, gently slip over baby's head if around neck
- 9. Tear amniotic membrane if intact
- 10. Suction infants mouth first, then nose with bulb syringe. Note: suctioning with a bulb syringe should be reserved for babies who have obvious obstruction to spontaneous breathing or who require positive-pressure ventilation.
- 11. As shoulders emerge, guide infant's head and neck downward to deliver the anterior shoulder. Support and slightly lift head and neck to deliver posterior shoulder
- 12. Support baby for rest of delivery which should happen passively, keep baby at level of vagina to prevent over or under transfusion of blood through cord
- 13. Once cord stops pulsating, place clamps 5 and 10 centimeters apart and gently cut between
- 14. Dry and stimulate infant, wrap in towel
- 15. Assess APGAR score at 1 and 5 minutes
  - a. Infants with APGAR scores between 7-10 require only routine care
  - b. Infants scoring between 4-6 are moderately depressed and require oxygen and stimulation
  - c. If infant's respirations are below 30 per minute and tactile stimulation does not increase rate to normal range, assist ventilations using infant BVM
  - d. If heart rate is below 80 and does not respond to ventilations, initiate chest compressions
- 16. If placenta delivers, it should be gathered and transported with mother. Do not delay transport for delivery of placenta
- 17. Control postpartum hemorrhage with uterine massage
- 18. Control bleeding of perineum tears with direct pressure



- 19. Field delivery of breech presentation should be attempted only if unavoidable (c-section often required)
  - a. Position mother with buttocks on edge of firm bed, legs in flexed position (may require assistance)
  - b. Support infants legs as they deliver (do not pull)
  - c. Allow entire body to be delivered with contractions while supporting body
  - d. As head passes pubis, apply gentle upward traction until mouth appears over perineum
  - e. If head does not deliver and baby begin to breathe spontaneously, place gloved hand in vaginal with fingers forming a "v" around infant's nose, allowing unrestricted respiration. It may be necessary to transport in this position
  - f. If shoulders do not deliver, gently rotate one shoulder anteriorly and raise infant's body to deliver. Reverse movement to deliver second shoulder. As neck appears, place finger over baby's maxilla to flex head for delivery and avoid entrapment in cervix.
- 20. The following situations require immediate transport despite the threat of delivery:
  - a. Prolonged rupture of membranes (> 24 hours)
  - b. Abnormal presentation (see above for breech delivery if absolutely unavoidable)
  - c. Prolapsed cord
  - d. Fetal distress as indicated by fatal Bradycardia or meconium staining

### **Advanced**

1. Initiate IV if time permits

### **Paramedic**

If advanced resuscitation of mother or infant is needed, follow ACLS protocols

**APGAR Scoring System** 

Sign	<u>0</u>	<u>1</u>	2
Appearance (Skin Color)	Blue, Pale	Body pink, Extremities Blue	Completely Pink
Pulse Rate	Absent	Less than 100/minute	Greater than 100/minute
Grimace (Irritability)	No Response	Grimace	Cough, sneeze, cry
Activity (Muscle Tone)	Limp	Some Flexion	Active Motion
Respirations (Breathing Effort)	Absent	Slow, irregular	Good, crying



# **Acute Pulmonary Edema (CHF)**

### <u>Basic</u>

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%.
- 2. Monitor ABCs.
- 3. Maintain pt in position of comfort.
- 4. Start CPAP:
  - a. Start at 10cm/H2O and titrate the pressure to patient comfort and clinical improvement
  - b. Maximum 15cm/H2O
- 5. Obtain and transmit 12-lead ecg

### **Advanced**

- 1. Saline lock or IV of normal saline (be very careful with fluid administration to avoid worsening of pulmonary edema)
- 2. Place cardiac monitor and obtain 12 lead ecg

- 1. 12 Lead EKG if not already completed
- 2.. Give Nitroglycerin:
  - a. 1 sublingual tablet (0.4mg) Q 5min PRN until systolic blood pressure is less than 140 mmHg
- 4. Consider fentanyl 25-100 mcg IV for comfort
- 5. MAI or RSI should be the last resort. Most can be turned around with aggressive CPAP and nitro administration

# Standing Orders



# <u>Death Determination/Termination of</u> <u>Resuscitation(TOR)</u>

### Basic

- 1. Resuscitation efforts may be withheld under the following conditions:
  - a.) Decapitation
  - b.) Decomposition
  - c.) Rigor mortis
  - d.) Dependent lividity
  - e.) Injuries incompatible with life (massive head and/or chest injuries)
  - f.) Valid Do Not Resuscitate (DNR) order signed by patient's physician(see DNR Standing Order)
  - g.) Situations in which it is physically impossible to begin CPR (entrapment/pin)
  - h.) Potentially dangerous situation for emergency personnel
  - I.) Multiple casualty incidents (follow mass casualty protocol)
- 2. Resuscitation efforts should be started under the following conditions
  - a.) Potentially treatable cause of condition (hypothermia, etc...)
  - b.) Inability to reasonably confirm the validity of a Do Not Resuscitate (DNR) order
  - c.) Situations where emergency responders feel lack of resuscitation efforts would be inappropriate such as cardiac arrest in public place, perception of family is non-acceptance, communication barrier with family, safety concerns for EMS personnel
- 3. Once resuscitative efforts have been started follow TOR guidelines below if considering termination:
  - a.) A physician has pronounced the pt dead
  - b.) A valid DNR is presented to squad members (see DNR Standing Order)
- 4. Once death has been confirmed:
  - a.) Williams County Communications Agency must be notified
  - b.) Williams County Coroner must be notified through Williams County Communications
  - c.) Williams County Coroner must release the body prior to the body being removed from scene.
  - d.) If the death appears to be suspicious or is a suicide then law enforcement must be requested through Williams County Communications. Every effort should be made to preserve all evidence as is at the scene. Everyone should leave the premises (including family) until law enforcement has arrived. If family refuses to leave body then only one EMT should remain with body.

### 5. BLS (TOR)

- a. 3 cycles of CPR with the AED advising "no shock advised"
- b. 6 shocks have been delivered with 2 minutes of CPR between shocks
- c. If patient regains pulses, transport as soon as possible
- d. Scene time should not exceed 20 minutes prior to transport.
- e. Contact OLMC prior to terminating resuscitation.



# <u>Death Determination/Termination of</u> <u>Resuscitation(TOR)</u>

#### Advanced

1. Run EKG strip in two leads to confirm Asystole

#### Paramedic (TOR)

- 1.) All of the following conditions must be met:
  - a.) Adequate, uninterrupted high quality CPR has been administered
  - b.) ETI or iGel has been accomplished with capnography with consistently low ETCO2 (usually 10 or less) Low ETCO2 initially which then moves to high ETCo2 may indicate ROSC
  - c.) IV/IO access achieved
  - d.) Rhythm appropriate meds and defibrillation have been administered per protocol
  - e.) Persistent asystole or agonal rhythm present with no reversible causes identified
  - f.) Failure to establish ROSC or refractory VF/VT without spontaneous respiration/eye opening or motor response AFTER 25 minutes of BLS and ALS high quality CPR
  - g.) Age >18
  - h.) Body temp at least 95 degrees F for a patient submerged in cold water
  - i.) HCWs on scene agree with decision to cease efforts
  - j.) Contact OLMC to cease efforts on scene and for TOD (time of death)
  - k.) Turn scene over to law enforcement
  - I.) Leave all medical devices intact (ETT, IV, IO, etc)

The following potential death scenes require EMS-1 or EMS-2 notification as soon as practical:

a- Multiple deaths (2 or more) e- Homicides i- Hazmat spills

b- Industrial accidents f- Suicides j- Vehicle vs. train crashes
c- Drowning g- Building collapse k- Airplane/Helicopter crashes
d- Fire/smoke inhalation h- Chemical exposures I- Unusual/Suspicious cause of death



### Do Not Resuscitate (DNR)

#### Basic

- 1. Determine LOC and evaluate ABC's
- 2. BLS CPR will be started if there is uncertainty about validity/presentation of DNR to caregivers
- 3. Obtain history from family and/or bystanders
- 4. Carefully review D.N.R. to determine the following:
  - a. Directly identifies the patient
  - b. Has expiration date
  - c. Includes signature of patient or medical POA, signature of physician and date signed
- 5. Contact responding ALS unit for approval to withhold care due to D.N.R.
- 6. If the nature of the call is not clearly related to the terminal illness and/or chronic disease stated on the DNR form then resuscitation and treatment must be performed.
- 7. The patient has the right to revoke the D.N.R. at any time.

#### Advanced

1. If the decision is made to treat patient refer to appropriate Standing Order.

#### **Paramedic**

1. If the decision is made to treat the patient, ACLS must be followed in its entirety. Termination of Resuscitation (TOR) guidelines should be followed if resuscitation is started

#### **DNR Comfort Care Arrest**

- EMS may perform all treatments according to Standing Orders until the patient becomes pulseless and/or apneic. Treatments include intubation, pacing, IV, BVM, CPAP, cardiac monitoring, drug administration.
- 2. In the event of Respiratory and/or Cardiac arrest EMS will not perform CPR.

#### **DNR Comfort Care**

1. EMS may: Suction the airway

Splint

**Control Bleeding** 

**Provide Emotional Support** 

Administer O2 via NRB, NC, Simple mask

Immobilize

Provide pain medication

Contact Medical Control for further orders

2. EMS WILL NOT: Administer Chest Compressions

Administer any Resuscitative Drugs

Insert Artificial Airway Adjuncts

Provide Respiratory Assistance (BVM)

Initiate Resuscitative IV (you may continue IV if it has already been established)

**Initiate Cardiac Monitoring** 



### **HEAT EMERGENCIES**

#### Basic

- 1. Remove patient from hot environment and place in shade or air conditioned ambulance
- 2. Oxygen with pulse oximetry to maintain oxygen saturation greater than 95%.
- 3. Monitor vitals, including body temperature
- 4. Moist towels may be placed on forehead and cramping muscles
- 5. If patient is dizzy or has an altered mental status, place supine
- 6. For increased core temp, consider active cooling
  - a. Remove some clothing and fan patient
  - b. Cover pt with sheets soaked in tepid water if available
  - c. Consider placing ice packs at neck, axilla, groin, wrist and behind knees.
  - d. Avoid causing shivering from too rapid cooling
- 7. Seizure precautions (padding around pt on cot) should be considered in severe cases

#### **Advanced**

- 1. Establish one or two large-bore IVs
  - a. Adult -- Consider fluid bolus up to 1000mL, re-assess and repeat as necessary
  - b. Watch for signs of over-hydration, esp in geriatric pts
  - c. Peds consider bolus at 10-20mL/kg, re-assess and repeat as necessary
- 2. Place cardiac monitor

#### **Paramedic**

1. Consider pharmacological treatment for underlining signs and symptoms.



### **Hypertensive Emergency**

#### Basic

- 1. Place patient in position of comfort unless potential exists for airway compromise
- 2. Support ABC's
- 3. Monitor vitals, including pulse oximetry; Obtain and transmit 12 lead ECG
- 4. Safe transport

#### Advanced

- 1. Initiate Saline Lock
- 2. Cardiac monitor; Obtain and transmit 12 lead ECG if not already done

- 1. If systolic BP > 220mm/HG or diastolic BP > 130mm/HG and patient is symptomatic (mild/moderate headache, nausea/vomiting, visual disturbances, dizziness, bounding pulse, ringing in the ears) consider Nitroglycerin administration:
  - a. Adult: 1 sublingual tablet Q 3-5 min PRN, max 3 tablets total
  - b. Peds: Not recommended for pediatric
- 2. Nitroglycerin should be administered with the goal of dropping the systolic B/P under 160 and/or the diastolic B/P under 115. When this drop is achieved further nitroglycerin should be withheld.
- 3. Do not rapidly lower blood pressure in suspected CVA.
- 4. If Stroke Assessment is positive do not administer nitroglycerin



### **HYPOGLYCEMIA**

#### **Basic**

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 2. If patient shows signs of shock, elevate lower extremities
- 3. Monitor vitals
- 4. Determine blood glucose level, if glucose < 80 and symptomatic give 1 tube oral glucose PRN
- 5. Do not administer oral glucose to a patient who has cannot protect their airway
- 6. Keep pt warm

#### Advanced

- 1. Establish IV/IO
- 2. With IV access:

#### Adult:

- a. Blood sugar greater than 60mg/dL and symptomatic:
  - -administer D10. Use premix if available, otherwise, add 1 amp D50 to 250 ml NS=D10
  - Give 50 ml = 5 grams IV/IO until patient returns to consciousness

#### Pediatric:

- a. Blood glucose <60mg/dL and symptomatic:
  - <28 days old: 2 ml/kg 10% dextrose IV/IO
  - >28 days old: 1-2ml/kg 10% dextrose IV/IO
- 3. If symptomatic without IV/IO access:
  - a. Glucagon IM
    - Adult: 1mg IM injection
    - Peds: 0.03mg/kg IM/SQ injection Q 15 min PRN up to 3 doses, max total dose 1mg
- 4. If IV/IO access is established after administering glucagon, and the patient is still symptomatic:
  - a. administer 50 ml D10 (5 grams) at a time until patient returns to consciousness
- 5. Cardiac monitor
- 6. Patients refusing transport:
  - a. Must be alert and oriented
  - b. Must be in the company of another individual or have another individual en route to their location
  - c. Repeat blood glucose must be within acceptable range
  - d. All attempts should be made to convince patient to be transported

#### **Paramedic**

1. Follow Basic and Advanced Procedures



### **Hypothermia**

#### Basic

- 1. Determine level of consciousness
- 2. Support ABC's
- 3. Remove wet garments
- 4. Passive external rewarming may be used for mild to moderate hypothermia (core temperature > 86 degrees F). Use warm blankets and heat packs at the base of neck, axilla and groin. Insulate between heat pack and skin to prevent burning.
- 5. Maintain patient in horizontal position, avoid rough handling.
- 6. Monitor core temperature
- 7. Cover frostbitten skin with loose sterile dressing, then elevate and immobilize affected area
- 8. If bradycardic or in cardiac arrest, place AED pads
  - a. Follow AED prompts, limit to one shock for severe hypothermia (< 86 degrees F)
- 9. Rapid transport

#### Advanced

- 1. Initiate IV using warm IV fluids
- 2. Place cardiac monitor

#### **Paramedic**

- 1. Follow ACLS protocol for cardiac arrest
  - a. Limit to one shock for VF/VT for severe hypothermia (< 86 degrees F)
  - b. Repeat defibrillation for VF/VT as core temperature rises
  - c. Withhold IV medications < 86 degrees F
- 2. Consider advanced airway place

#### Stages of Hypothermia: Core temperature and Symptoms

99-96 degree F	Shivering		
95-91 degree F	Intense Shivering, difficulty speaking		
90-86 degree F	Shivering decreases and is replaced by muscular rigidity. Muscle coordination affected and erratic or jerky movement. Thinking less clear possible total amnesia.		
85-81 degree F	Patient becomes irrational, loses contact with environment and drifts into stuporous state. Pulse and respirations are slow, cardiac dysrhythmias may develop		
80-78 degree F	Patient loses consciousness and does not respond to spoken words.  Heartbeat slows further before cardiac arrest occurs		



### **NAUSEA/VOMITING**

#### **Basic**

- 1. Assure patent airways, suction as needed
- 2. Oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 3. If patient is on long spine board, be prepared to roll patient onto side

#### **Advanced**

- 1. Establish IV/Saline Lock
- 2. For severe or extended period of vomiting consider IV fluid bolus
  - a. Adult: Administer fluid bolus LR 20 ml/kg
  - b. Use caution in cardiac, renal, liver patients
  - c. Peds: 20mL/kg, Re-assess and repeat as necessary
- 3. Consider placement of cardiac monitor and perform 12 lead ECG
- 4. Ondansetron 8 mg ODT PO for adults; 4 mg ODT PO for pediatrics (see dosing parameters below)

#### **Paramedic**

- 1. Zofran (Ondansetron):
  - a. Adult Dose: 4mg iV/IO/IM, may repeat once in 10 minutes or,
  - b. Peds Dose: 0.1mg/kg IV/IO/IM for children < 40 kg, max 1 dose.</li>
     4mg for children > 40 kg, max 1 dose

ODT Zofran is contraindicated in pediatric patients < 40kg



### Pain Management

#### Basic

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 2. Support ABCs
- 3. Splint fractures in position found
- 4. Consider traction splint for isolated mid-shaft femur fracture
- 5. Consider placement of ice pack over injured area
- 6. If SMR is not needed, place patient in position of comfort

#### Advanced

- 1. Pain management should be provided prior to moving or manipulating patient if practical
- 2. Initiate IV/IO
- 3. Consider Fentanyl:
  - a. Adult Dose: 25-100mcg IV/IM/IO Q 10 min, max cumulative dose 300mcg
  - b. Peds Dose: 1-2mcg/kg IV/IM/IO Q 30 min, max dose 50 mcg
- 4. Consider Morphine:
  - a. Adult Dose: 2-5mg IV/IO/IM Q 10 min PRN
  - b. Peds Dose: 0.1-0.2mg/kg IV/IO/IM, MAX single dose 5mg Q 10 min PRN.
- 5. Consider Ketamine:
  - a. Adult Dose: Ketamine 0.2 mg/kg IV/IO/IM max dose 25 mg
- 6. Pain medication is generally contraindicated in pregnancy. In extreme situations, contact medical control for approval
- 7. Consider Zofran for Nausea
  - a. Ondansetron 8 mg ODT PO for adults; 4 mg ODT PO for pediatrics (see dosing parameters below)

#### **Paramedic**

- 1. Consider Zofran for nausea:
  - a. Adult Dose: 4mg IV/IO/IM, may repeat once in 10 minutes or,

One 8 mg Oral Disintegrating Tablet (ODT)

b. Peds Dose: 0.1mg/kg IV/IO/IM for children < 40 kg, max 1 dose

4mg for children > 40kg, max 1 dose

ODT Zofran is contraindicated in pediatric patients < 40 kg

- 2. Consider Versed for sedation:
  - a. Adult Dose: 2.5-5mg slow IV/IO/IM Q 5 min PRN
  - b. Peds Dose: 0.1mg/kg slow IV/IO/IM, Q 5 min PRN, max single dose 2.5mg

\*\*\*\* Pediatric doses are for age 2 - 12 years of age \*\*\*\*



### **Poisoned Patient**

#### **Basic**

- 1. Assure the scene is safe before entering.
- 2. If the poisoning is due to a potentially suicidal patient, request police to the scene
- 3. Reduce intake of toxin if possible. This can be accomplished by removing patient from environment (using appropriately training personnel if needed), removal of contaminated clothing, brushing off dry chemicals, irrigating contaminated skin, removing stinger in cases of insect stings, etc.
- 4. Assure patent airway, suction as needed
- 5. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 6. Obtain a thorough history, including
  - a. What poison was involved
  - b. How much was ingested
  - c. How it was taken
  - d. When it was taken
  - e. Why it was taken
- 7. Consider contacting Poison Control
  - a. National Poison Control: 1-800-222-1222
- 8. If possible to transport safely, take a sample of the substance to hospital (outside compartment if indicated)
- 9. Check Blood Glucose
- 10. Consider Narcan for Narcotic overdose
  - a. 4 mg IN

#### Advanced

- 1. Place Cardiac Monitor
- 2. Initiate IV/IO
- 3. Perform 12 lead
- 4. Consider Narcan for narcotic overdose
  - a. Adult Dose: 0.5-2mg slow (if possible) IV/IO/IM Q 2-3 min PRN (IN 4 mg)

- 1. Consider intubation if unable to manage airway with less invasive means
- 2. Treat cardiac arrhythmias per ACLS protocol



### **SEIZURE**

#### Basic

- 1. Protect patient from injury if seizing or there is the potential to seize
- 2. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 3. Monitor vitals
- 4. If pt is febrile, remove/loosen clothing to allow for passive cooling
- 5. Check blood glucose
- 6. Do not physically restrain patient while actively seizing except to protect pt from harm

#### **Advanced**

- 1. Establish IV/IO access
- 2. Adult
- a. Versed: 2.5-5mg slow IV/IO/IM/IN, Q 5 min PRN Max dose 10 mg
- 3. Peds
- a. Versed: 0.1mg/kg IV/IO/IM/IN q 5 min PRN, max single dose 2.5mg
- 4. If patient is sedate place cardiac monitor and nasal ETC02

- 1. Eclampsia:
  - a. Magnesium Sulfate: 4 grams slow IV/IO
- 2. Seizures refractory to Versed (i.e. status epilepticus)
  - a. give ketamine 1mg/kg slow IV/IO push;
  - b. protect airway with intubation (follow MAI or RSI protocol)
  - c. begin Ketamine infusion at 0.5-2 mg/kg/hour



### **Sexual Assault Patients**

- 1. Follow appropriate medical treatment and, if age 16 or older, ask the patient for consent to notify law enforcement. Under age 16, report it to law enforcement.
- 2. Undress/remove clothing only as medically necessary.
- 3. All clothes removed during assessment must be transported to the hospital with the patient.
- 4. If the patient is unable to hold their urine until they arrive at the hospital, collect the urine and bring it with you to the hospital. Be sure the patient is instructed not to wipe after voiding.
- 5. Whenever possible have an EMT of the same sex as the pt provide assessment and care, especially if a physical exam must be completed to examine and treat injuries.



### Hypotension/Shock (non trauma)

#### **Basic**

- 1. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%.
- 2. Consider elevating lower extremities
- 3. Keep patient warm (blankets, heaters in ambulance, etc)
- 4. Support ABCs

#### **Advanced**

- 1. Large-bore IV of LR
- 2. Consider second large-bore IV of LR
- 3. Adult:
- a. Sepsis: Hypotension, Tachycardia, Fever, Low ETCO2 (<35 mmHG)= 30 ml/kg bolus
- b. Titrate to maintain MAP >60d

Peds:

- a. 20mL/kg fluid bolus, repeat as necessary
- 4. Place cardiac monitor/12 lead ecg

#### **Paramedic**

1. If unable to maintain blood pressure with fluid challenge, consider Norepinephrine 0.4 mcg/kg/hr



### **Special Considerations**

#### **General Guidelines**

- When circumstances and situations arise which are not covered by a Standing Order, medical judgment, discretion, and training are to be utilized. Deviation from the Standing Order is not recommended but is allowed when unable to contact Medical Control and pt is in immediate danger of loss of life and/or limb
- 2. Safety is the first priority on every call.
- 3. Only one critical patient per squad. Only two total patients who require treatment and/or transport per squad. Call for a second squad if three or more pts. Call for a third squad with five or more pts.
- 4. In all cases involving death, when resuscitation is not being attempted, the Williams County Coroner must be notified. The body may not be moved unless:
  - a. Permission is given to move the body by the coroner.
  - b. Permission is given to move the body by law enforcement.
  - c. The body must be moved in order to gain access to other viable patients.

#### **Water Related Emergencies**

- 1. Any individual who will be in, on, above, within arms reach of a body of water should have a life jacket on. This includes lakes, rivers, ponds, streams, and pools over 2 foot deep.
- 2. Any individual not actively involved in the rescue/recovery phase of a water emergency will remain a safe distance away from that water.
- Rescue operations will be coordinated with Williams County Sheriff's Department and the local Fire
  Departments. Williams County EMS Employees will provide medical support for those
  involved in the rescue/recovery operation and the patient.
- 4. An EMS supervisor must be contacted as soon as practical to advise of water emergency.

#### **Hazardous Materials Emergencies**

- Any scene with spilled, leaking, venting, burning or off-gassing of an unknown substance is considered unsafe. These substances must be identified and neutralized, if required, prior to EMS approach.
- Williams County EMS Employees will perform a scene size up on all runs. Upon identification of an unknown substance they will stage and remain outside the hot zone until scene is deemed safe by fire command. Employees will attempt to stay uphill and upwind.
- 3. Hazmat Operations will be coordinated through Williams County Communications. Communications will assign appropriate Fire and Hazmat Teams. Williams County EMS will provide medical support for those involved in the Hazmat Operation.
- 4. Williams County EMS will not place a known contaminated patient into an ambulance until that pt has been decontaminated.
- 5. Williams County EMS Employees will not treat a patient in a known "Hot Zone."
- 6. An EMS supervisor must be contacted as soon as practical to advise of hazardous materials emergency.



### Stroke/TIA/RACE score

#### **Basic**

- 1. Determine LOC, including Glasgow Coma Score
- 2. Support ABC's
- 3. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 4. Monitor vitals
- 5. Check blood sugar, treat per Standing Order
- 6. Protect any weak or paralyzed extremities
- 7. Determine Last Known Well (when was the last time the person was neurologically normal)
- 8. Consider rapid transport to closest appropriate facility
- Consider air transport for acute stroke with onset less than 30 minutes and extended transport distance/time
- 10. Establish RACE score (see below)

#### Advanced

- 1. Establish IV access, consider 2nd IV enroute, as time permits
- 2. Place cardiac monitor

- 1. Perform 12 Lead EKG
- 2. Consider intubation if unable to manage airway with less invasive means



#### **RACE Score**

Facial Palsy- weakness on one side of face with smile	Absent=0	Mild=1	Moderate to Severe=2
Arm Motor function (same as Cincinnati)	Normal=0	Moderate (able to life arm, but unable to hold for more than 10 seconds)=1	Severe (unable to raise arm)=2
Leg Motor Function (ask patient to lift each leg)	Normal (lift and hold 5 seconds)=0	Moderate (able to lift but not hold for 5 seconds) =1	Severe (unable to lift leg off bed at all)=2
Head and gaze deviation- if the pt head or eyes are towards one side, ask them to look the opposite side	Absent=0	Present (unable to shift gaze past midline) =1	
If right side deficit is found, check for aphasia (inability to say or hear words correctly) (ask patient to close eyes and make a fist)	Performs both correctly=0	Performs 1 task correctly=1	Performs neither correctly=2
If left side deficit is found, chest for agnosia (inability to process sensory information) touch their arm and ask "whose arm is this?" Then ask to raise both arms and clap	Patient recognizer their arm=0	Does not recognize their arm OR the impairment=1	Does not recognize their arm NOR the impairment=2

RACE Score > 5 -> Transport to closest Comprehensive Stroke Center by Helicopter

Promedica Toledo Hospital in Toledo or Parkview Regional in Ft Wayne

RACE Score < 5 -> Transport to closest Primary Stroke Center (Bryan)



### **Tachycardia with Pulse (Adult Narrow Complex)**

#### Basic

- 1. Assess manual pulse for at least 30-60 seconds, assess for strength and regularity
- 2. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 3. Support ABCs
- 4. Obtain and transmit 12 lead ECG if available

#### Advanced

- 1. Cardiac Monitor
- 2. IV/IO placement
- 3. Obtain and transmit 12 lead ECG if not already done

- 1. 12 Lead ECG if not already done
- 2. Follow current ACLS guidelines, If unstable go directly to synchronized cardioversion
- 3. Attempt vagal maneuvers
- 4. If symptomatic but stable consider Adenosine/Adenocard
  - a. Adult Dose:
    - -6mg rapid IV/IO followed by normal saline bolus of 20ml.
    - -A second dose of 12mg can be given in 1-2 minutes if needed.
- 5. Synchronized Cardioversion:
  - a. Premedicate whenever possible:
    - Versed 2.5-5mg slow IV/IO/IM/IN Q 5 min PRN
  - Ketamine 0.2 mg/kg IV/IO/IM max dose 25 mg
  - -Fentanyl 25-100 mcg IV/IO/IM
  - b. Adult: Start at 50J then increase stepwise to 100J, 150J, 200J



### Tachycardia With Pulse Rate > 150 (Adult Wide-Complex)

#### **Basic**

- 1. Assess manual pulse for at least 30-60 seconds, assess for strength and regularity
- 2. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 3. Support ABCs
- 4. Obtain and transmit 12 lead ECG

#### Advanced

- 1. Cardiac Monitor
- 2. IV/IO placement
- 3. Obtain and transmit 12 lead ECG if not already done

#### **Paramedic**

- 1. Follow current ACLS guidelines. If unstable go immediately to synchronized cardioversion.
- 2. Attempt vagal maneuvers
- 3. If rhythm is a stable, undifferentiated regular, monomorphic wide-complex tachycardia Adenosine may be considered: (MUST HAVE PRINT OUT OF RHYTHM BEFORE TREATMENT)
  - a. Adult dose:

6mg rapid IV/IO followed by normal saline bolus of 20ml A second dose of 12mg can be given in 1-2 minutes if needed.

- 4. Consider Amiodarone:
  - a. Adult dose: Rapid Infusion: 150mg IV/IO over 10 min (15mg/min). Mix 150mg Amiodarone with 100ml Normal Saline(rate is 600ml/hr). May repeat rapid infusion 150mg Q 10 min PRN.
- 5. Synchronized Cardioversion:
  - a. Premedicate whenever possible:

Versed: 2.5-5mg slow IV/IO/IM/IN Q 5 min PRN Ketamine: 0.2 mg/kg IV/IO max dose 25 mg

Fentanyl: 25-100 mcg IV/IO

- b. Adult: Start at 100J then increase stepwise to 150J, 200J
- 6. For Torsades De Pointes give Magnesium Sulfate:
  - a. 1-2g IV/IO diluted in 10 mL of Normal Saline IV/IO over 5-10 min.



### Pediatric Tachycardia With Pulse

#### **Basic**

- 1. Assess manual pulse for at least 30-60 seconds, assess for strength and regularity
- 2. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 3. Support ABCs
- 4. Obtain and transmit 12 lead ECG

#### Advanced

- 1. Cardiac Monitor
- 2. IV/IO placement
- 3. Obtain and transmit 12 lead ECG (if not already done)

- 1. 12 Lead EGG (if not already done)
- 2. Treat accompanying symptoms as indicated by current ACLS algorithm. If unstable go immediately to synchronized cardioversion. If delays in synchronization occurs and clinical condition is critical, go immediately to unsynchronized shocks.
- 3. Attempt vagal maneuvers
- 4. If probable sinus tachycardia (Infant rate <220/min. Child rate <180/min) search for and treat cause
- 5. If probable SVT (Infant rate ≥220/min. Child rate ≥180/min) consider Adenosine:
  - a. 0.1mg/kg rapid IV/IO (6mg max) followed by normal saline bolus of 5ml or greater
  - b. A second dose of 0.2mg/kg IV/IO (12mg max) can be given in 1-2 minutes if needed
- 6. Synchronized Cardioversion:
  - a. Premedicate whenever possible:
    - Versed: 0.1mg/kg IV/IO/IM/IN Q 5 min PRN, max single dose 2.5 mg
  - b. Begin at 0.5-1J/kg
  - c. If cardioversion not effective increase to 2J/kg



### **Taser Removal**

#### Basic

- 1. The patient should be in control/custody of Law Enforcement
- 2. Consider use of soft restraints as needed.
- 3. Consider possibility of c-spine injury, apply SMR as indicated
- 4. Support ABC's
- 5. Conduct thorough head-to-toe assessment, treating injuries and/or medical conditions under appropriate standing order
- 6. Consider possibility that combative/violent behavior could be the result of an underlying medical condition or alcohol/drug
- 7. Consider whether taser probes are to be left in or removed
- 8. Taser probes may be removed unless lodged in head, neck, nipple area, breast tissue on female, groin, spinal column, joint or bone. If unsure if it is appropriate to remove, transport the patient with probe in place. Do not remove probe from violent or potentially violent patient.
- 9. If determination is made to remove taser probe, check with law enforcement personnel is probes will be needed for evidence.
- 10. If needed for evidence, remove probes with wires attached. If not needed, cut wires prior to removal.
- 11. If probes are left in place, stabilize with bulky dressing
- 12. Taser probe removal:
  - a. Ensure taser cartridge has been removed from taser device
  - b. Remove clothing/expose area where probe is lodged in skin
  - c. Hold skin tight with thumb and forefinger on opposite sides of insertion site
  - d. Grasp probe as close to skin as possible with gloved hand
  - e. Remove probe by pulling out with steady, swift motion
  - f. Inspect probe to see if intact, transport patient and notify hospital if it appears broken
  - g. Dispose of probe in sharps container
- 13. If probe is removed while still attached to the wires:
  - a. Remove cartridge from Taser device
  - b. Remove probe and place into the disposal slot (pointed end in first) on the cartridge
  - c. Secure in place with tape
  - d. Turn cartridge over to law enforcement for evidence
- 14. Clean area with alcohol prep pad and bandage
- 15. Repeat procedure for additional probes if needed

#### Advanced

- 1. Consider the need for IV
- 2. Consider cardiac monitor

- 1. Consider sedation for combative patient
- 2. Treat underlying medical conditions under appropriate standing order



### Trauma

#### **Basic**

- 1. Evaluate scene safety before entering
- 2. Follow SMR guidelines and evaluate level of consciousness (AVPU)
- 3. Control all external sources of hemorrhage
- 4. Support ABC's including suction and appropriate oxygen therapy as indicated
- 5. Do not delay transport for anything other than SMR or airway management
- 6. Consider need for HEMS transport, relay information to responding paramedic unit
- 7. Splint fractures in position found
  - a. Realign extremity deformity to normal anatomic position if no pulses present distal to injury
- 8. Apply traction splint for isolated midshaft femur fracture
- 9. Place occlusive dressing taped on 3 sides on any open chest wounds
- 10. Stabilize any penetrating objects with bulky dressing
  - a. Only remove objects that are in the cheek or interfere with airway management
- 11. Care for any amputated parts
  - a. Control major bleeding (hemostatic gauze with direct pressure, CAT tourniquet for critical hemorrhage uncontrolled with direct pressure)
  - b. Wrap amputated parts in sterile, moist dressing
  - c. Place wrapped parts in waterproof bag
  - d. Place bag in container of cool water with ice or cold packs (do not freeze)
  - e. Do not delay transport of critical patient in order to locate amputated parts
  - f. Consider HEMS transport for possibly reattachment (not for isolated finger injuries)
- 12. Cover any exposed abdominal organs with warm, moist sterile dressing
- 13. Consider elevating lower extremities if signs of shock present
- 14. Place pregnant patients on the left side if pregnancy >20 weeks.
  - a. If fully immobilized, elevate right side of board
- 15. Consider aggressive cardiopulmonary resuscitative efforts in cases of maternal cardiac arrest
  - a. Contact medical control to advise of need for emergent obstetrical consultation
  - b. Ohio scope of practice does not allow surgical delivery in the pre-hospital setting
- 16. Care for eye injuries
  - a. Cover both eyes even if only one is injured
  - b. Do not remove foreign bodies from the eye. Stabilize protrusion in place
  - c. Transport pt upright
  - d. For chemical burns irrigate with copious amounts of water or normal saline for a minimum of 15 minutes. Start irrigation as soon as possible
  - e. Contact lenses should be removed if necessary for patient care/comfort
- 17. For significant mechanisms (fall from height, compressive deceleration force, multiple blunt force injuries and hypotension) apply TPOD pelvic binder. Center binder over bilateral greater trochanters, not the iliac crests. TPOD is not usually indicated for isolated hip fractures from a fall from standing



### Trauma

#### **Advanced**

- 1. Initiate large bore IV/IO of LR
  - a. Titrate to maintain blood pressure of at least 90-100 systolic
- 2. Place cardiac monitor
- 3. Consider second IV/IO

- 1. If unable to manage airway with BLS means consider intubation or iGel.
  Cricothyrotomy (ONLY for obstructed airway)
- 2. Consider needle decompression for suspected pneumothorax
- 3. Consider pain management
- 4. Consider sedation for anxious and/or combative patients

# Medications



### <u> Adenosine/Adenocard</u>

#### **Indications**

- 1. First drug for most forms of stable narrow-complex PSVT. Effective in terminating those due to reentry involving AV node or sinus node.
- 2. May consider for unstable narrow-complex reentry tachycardia while preparations are made for cardioversion.
- 3. Stable, undifferentiated regular, monomorphic wide-complex tachycardia when the rhythm is regular.
- 4. Underlying, stable narrow-complex SVT as a diagnostic maneuver.

#### Contraindications

- 1. Hypersensitivity to drug.
- 2. Poison/drug-induced tachycardia
- 3. 2nd or 3rd degree block.
- 4. Atrial Fibrillation/Atrial Flutter
- 5. Irregular wide-complex tachycardias

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Transient side effects include flushing, chest pain, or tightness, SOB with brief periods of asystole or bradycardia, ventricular ectopy.
- 2. Transient periods of sinus bradycardia and ventricular ectopy are common after termination of SVT.
- 3. Safe and effective in pregnancy.
- 4. May cause bronchoconstriction. Use caution with pts with asthma, emphysema, or bronchitis.
- 5. Monitor pts on digoxin, verapamil closely. Drug interaction may cause V-fib.

- 1. Elevate the patient's lower extremities before administration of drug if possible.
- 2. Record cardiac rhythm during administration.
- 3. Draw up Adenosine in an appropriate ml syringe.
- 4. Explain to pt that they may become lightheaded or have a feeling of imminent doom for a brief period after medication administration.
- 5. Attach medication syringe to the IV injection port closest to pt. Pinch off IV tubing above injection port.
- 6. Push Adenosine as quickly as possible (1-3 seconds).
- 7. While maintaining pressure on Adenosine plunger, release pinched off tubing, then flush with 20-30 ml of saline as rapidly as possible by squeezing the IV fluid bag.
- 8. Adults Dose: 6mg rapid IV/IO followed by normal saline bolus of 20ml. Then elevate extremity.
  - a. Second dose of 12mg rapid IV/IO followed by fluid bolus of 20ml can be given in 1-2 minutes if
- 9. Peds Dose: 0.1mg/kg rapid IV/IO (6mg max) followed by normal saline bolus of 10ml or greater.
  - a. Second dose of 0.2mg/kg (12mg max) can be given, followed by fluid bolus of 10ml in 1-2 minutes if needed.



### Albuterol(Proventil)

#### Indications

- 1. Dyspnea associated with:
  - a. Bronchial asthma
  - b. Reversible bronchospasm associated with chronic bronchitis and emphysema
  - c. Allergic Reaction
  - d. Unknown cause with wheezing present

#### **Contraindications**

1. Known hypersensitivity

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Cardiac arrhythmias
- 2. Hypertensive response
- 3. Exacerbation of coronary arterial disease

- 1. Adult:
- a. 2.5mg/3ml Q 5-10 minutes up to 3 doses PRN.
- 2. Peds:
- a. Same as adult dose.
- 3. May be used continuously for status asthmaticus.



### **Amidate/Etomidate**

#### **Indications**

1. Induction agent for medication assisted intubation

#### **Contraindications**

- 1. Known hypersensitivity
- 2. Pediatrics less than 10 years of age

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. May cause muscle fasciculation, laryngospasm, apnea, hypotension and pain on injection
- 2. Use caution in patients with asthma and severe cardiovascular disease.
- 3. Onset of action is usually within 1 minute and hypnosis generally lasts 3-5 minutes.
- 4. Use extreme caution in patients who are pregnant, or in active labor/delivery.
- 5. Use extreme caution in sepsis patients.
- 6. Pregnancy category C

- 1. Dose: 0.3 mg/kg IV/IO; Hypotensive patient's decrease by 1/3<sup>rd</sup>
- 2. Pediatric < 10 years Dose: Contraindicated



### **Amiodarone/Cordarone**

#### **Indications**

- 1. Recurrent ventricular fibrillation
- 2. Recurrent hemodynamically unstable ventricular tachycardia/wide complex tachycardia

#### Contraindications

- 1. Allergy to drug
- 2. Severe sinus node dysfunction
- 3. Severe bradycardia
- 4. 2nd or 3rd degree AV block
- 5. Hemodynamically significant bradycardia
- 6. Pulmonary congestion
- 7. Cardiogenic shock
- 8. Severe Hypotension
- 9. Breast feeding pts

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. May produce hypotension
- 2. May prolong QT interval; (do not administer with other drugs that prolong QT interval (e.g. procainamide).
- 3. Terminal elimination is extremely long (half life last up to 110 days).
- 4. Use with caution if hepatic failure is present.
- 5. Fentanyl may cause hypotension, bradycardia, and decreased cardiac output.
- 6. Multiple complex drug interactions.

- 1. Cardiac Arrest VF/VT Unresponsive to CPR, Shock, and Vasopressors:
  - a. Adult Dose: 300mg IV/IO diluted with 20ml of Normal Saline. 2nd dose of 150mg can be given in 3 to 5 minutes.
  - b. Peds Dose: 5mg/kg IV/IO diluted with 20ml of Normal Saline. May repeat dose up to total dose of 15mg/kg per 24 hrs. Max single dose 300mg.
- 2. Recurrent Life Threatening Ventricular/Wide Complex Arrhythmias:
  - a. Adult Dose: Rapid Infusion: 150mg IV/IO over 10 min. (15mg/min.). Mix 150mg Amiodarone with 100ml Normal Saline (rate is 600ml/hr). May repeat rapid infusion 150mg every 10 min. as needed.
  - b. Peds: Loading dose: 5mg/kg IV/IO over 20 to 60 minutes (max single dose 150mg).



### **Aspirin**

#### **Indications**

- 1. Administer to all pts with an Acute Coronary Syndrome.
- 2. Any person with symptoms ("pressure," "heavy weight," "squeezing," crushing") suggestive of ischemic pain.

#### **Contraindications**

- 1. Pts with aspirin allergy.
- 2. Pts with active ulcer disease.
- 3. Pts with bleeding disorders, such as hemophilia.
- 4. Pts with known hypersensitivity to aspirin.
- 5. Pts under 19 years old.

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Pts with GI lesions, impaired renal function, severe hepatic impairment.
- 2. Pts with asthma (may cause airway spasms).

- 1. Administer 4 low dose(81mg) aspirin tablets PO
  - a. Chewing is the preferred method.
  - b. Goal is to give within minutes of arrival/onset.



### **Atropine**

#### **Indications**

- 1. First drug for symptomatic bradycardia. Although bradycardia is defined as a pulse of less than 60, clinical presentation is very important. Many patients are physiologically normal below this rate and a few may be symptomatic above it. Does the patient have signs of Cardiogenic Shock (altered consciousness, poor capillary refill, and signs of poor tissue perfusion)? Generally you should carefully consider avoiding Atropine use in a pulse above about 50 bpm.
- 2. May be beneficial in presence of AV nodal block. Will not be effective for infranodal (mobitz type II) block.
- 3. Organophosphate (e.g. nerve agent) poisoning: extremely large doses may be needed.
- 4. For use with hypersalivation related to ketamine use

#### Contraindications

- 1. Hypersensitivity
- 2. Unstable cardiovascular status in acute hemorrhage
- 3. Tachycardia
- 4. Asystole/PEA

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Will not be effective for infranodal type II AV block and new 3rd degree block with wide QRS complexes. (In these pts may cause paradoxical slowing. Be prepared to pace or give catecholamines.)
- 2. Doses of atropine less than 0.5mg may result in paradoxical slowing of heart rate
- 3. Pts with Down Syndrome will be more sensitive to atropine
- 4. Acute angle-closure glaucoma
- 5. Obstructive disease of GI tract
- 6. Myocardial ischemia
- 7. Asthma
- 8. Myasthenia gravis
- 9. Avoid in hypothermic bradycardia

#### Administration Technique

- 1. Bradycardia:
  - a. Adult Dose: 1.0 mg IV/IO every 3-5 min. as needed Not to exceed total dose of 3 mg
  - b. Peds Dose: 0.02mg/kg IV/IO every 5 min as needed Min dose 0.1mg Not to exceed total dose for child:

#### 1mg

- 2. Organophosphate Poisoning:
- a. Adult Dose: Extremely large doses (2-5mg or higher) may be needed. Repeat as needed.
- b. Peds Dose: Standard dosing may be exceeded in organophosphate poisoning.
- 3. Ketamine associated hypersalivation. 0.5 mg IV push



### **Atrovent/Ipratropium Bromide**

#### **Indications**

- 1. Dyspnea associated with:
  - a. Asthma
  - b. Treatment of bronchospasm associated with chronic obstructive pulmonary disease
  - c. Chronic bronchitis and emphysema

#### Contraindications

- 1. Hypersensitivity to Ipratropium bromide or to Atropine and its derivatives
- 2. Hypersensitivity to Nuts or Soy products and derivatives
- 3. Pediatrics <12 years of age

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Pts with narrow angle glaucoma
- 2. Prostatic hypertrophy or bladder neck obstruction
- 3. Should only be used in pregnancy if clearly needed
- 4. Nursing mothers
- 5. May cause blurred vision or eye pain with improper mask seal

- 1. Adult Dose:
  - a. 500mcg/2.5mL added to 1st dose of 2.5mg/3mL Proventil/Albuterol
- 2. Pediatric Dose:
  - a. > 12 years of age same as adult
  - b. < 12 years of age: 250mcg (1/2 ampule)
- 3. Combine with the initial dose of Albuterol.



### **Benadryl/Diphenhydramine**

#### **Indications**

1. Acute allergic reaction or anaphylaxis

#### Contraindications

- 1. Hypersensitivity
- 2. Newborn or premature infants
- 3. Nursing mothers

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Renal disease
- 2. Cardiac disease
- 3. Hypertension
- 4. Seizure disorder
- 5. Hyperthyroidism
- 6. Pregnancy
- 7. COPD or acute asthma
- 8. CNS Depressants: Increases sedation
- 9. Lower respiratory disease
- 10. Acute angle-closure glaucoma

- 2. Adult Dose: 25-50mg IV/IO/IM
  - a. Don't exceed 25mg/min IV/IO Push
- 3. Peds Dose:
  - a. 2-6 years 6.25mg IV/IO/IM
  - b. 6-12 years 12.5-25mg IV/IO/IM
  - c. >12 years use adult doses



### **Diltiazem/Cardizem**

#### Indications

1. Atrial Fibrillation/Atrial Flutter

#### **Contraindications**

- 1. Hypersensitivity to medication
- 2. Systolic BP <90 mm/Hg
- 3. 2<sup>nd</sup> or 3<sup>rd</sup> degree AV Block
- 4. Recent MI
- 5. Patient with Wolfe Parkinson White Syndrome

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Severe renal impairment
- 2. Can cause Ventricular arrhythmias
- 3. Can cause bradycardia and Chest pain

- 1. Adult Dose:
  - a. 10-20 mg slow IV/IO
  - b. 10 mg/hr drip
- 2. Pediatric Dose:
  - a. Not Recommended



### Dextrose (10%)

#### **Indications**

1. Documented hypoglycemia

#### **Contraindications**

1. Hyperglycemia

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Suspected increased ICP
- 2. Sclerosis of small peripheral veins, infiltration may result in tissue necrosis
- 3. Blood Glucose reading should be obtained before and after drug administration
- 4. Pts with allergy to corn or corn products

#### **Administration Technique**

#### Adult:

a. Blood sugar less than 60mg/dL and symptomatic:
 D10%: withdraw 50 ml from 250 ml bag NS. Add 1 amp D50% to the bag. This is D10%. Give 50 ml = 5 grams I/IO until patient returns to consciousness

#### Pediatric:

a. Blood glucose <80mg/dL and symptomatic:

<28 days old = 2 ml/kg D10% IV/IO

>28 days old to 1 year = 1-2 mg/kg D10% IV/IO

1-4 year old: 2-4ml/kg D10% IV/IO

Children 4 and older: 2-4ml/kg D10% IV/IO (Not to exceed adult dose)



### **Epinephrine 1:1000**

#### Indications

- 1. Anaphylaxis, severe allergic reaction
- 2. Asthma & bronchospasm associated with severe difficulty breathing.

#### Contraindications

1. None in true anaphylaxis or severe respiratory distress

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Raising blood pressure and increasing heart rate may cause myocardial ischemia, angina, and increased myocardial oxygen demand.
- 2. Use cautiously in elderly pts and in pts with hyperthyroidism, CV disease, hypertension, diabetes.
- 3. Pregnancy
- 4. Hypertension
- 5. Pts with angle-closure glaucoma
- 6. Shock other than anaphylactic shock.
- 7. Arrhythmias

- 1. Anaphylaxis/Severe difficulty breathing/Severe Bronchospasm:
  - a. Adult Dose:
    - 0.3-0.5mg IM/SQ Q 3-5min, 2 doses max
  - b. Peds Dose:
    - 0.01mg/kg IM/SQ Q 3-5 min, 0.5mg max single dose, 2 doses max



### Epinephrine 1/10,000

#### **Indications**

- 1. Cardiac arrest rhythms including: V-Fib, pulseless VT, asystole, PEA
- 2. Severe Anaphylaxis/asthma/bronchospasm
- 3. Push dose pressor

#### Contraindications

1. There are no absolute contraindications.

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

1. High doses do not improve survival or neurologic outcome and may contribute to post resuscitation myocardial dysfunction.

- 1. Adult Cardiac Arrest:
  - a. 1 mg of 1/10,000 IV/IO Q 5 minutes during resuscitation (max 3 doses) Follow each dose with 20 ml flush then elevate the arm for 10-20 seconds after dose.
- 2. Ped Cardiac Arrest:
  - a. 0.01mg/kg (0.1 ml/kg) IV/IO of 1:10,000 Q 3-5 min
- 3. Anaphylaxis/asthma/bronchospasm
  - a. 0.3 0.5mg slow IV/IO epinephrine 1 mg/10 ml may be administered after the second dose of epinephrine 1mg/1ml fails to show any clinical improvement in the adult patient
- 4. Push dose epinephrine
  - a, Mix 1 ml of epi 1 mg/10 ml with 9 ml Normal Saline and mix syringe. Label the syringe
  - b. Each ml is equal to 10 mcg of epi
  - c. Administer 10-20 mcg IV to augment blood pressure (uses include hypotension in the peri-intubation period)



### Epi-Pen

\*\*EMR, EMT, AEMT, Paramedic\*\*

#### **Indications**

- 1. Anaphylaxis, severe allergic reaction
- 2. Asthma & bronchospasm associated with severe difficulty breathing.

#### **Contraindications**

1. None in true anaphylaxis or severe respiratory distress

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Raising blood pressure and increasing heart rate may cause myocardial ischemia, angina, and increased myocardial oxygen demand.
- 2. Use cautiously in elderly pts and in pts with hyperthyroidism, CV disease, hypertension, diabetes.
- 3. Pregnancy
- 4. Hypertension
- 5. Pts with angle-closure glaucoma
- 6. Shock other than anaphylactic shock.
- 7. Arrhythmias

- 1. Anaphylaxis/Severe difficulty breathing/Severe Bronchospasm:
- 2. Grasp with orange tip pointing downward
- 3. Remove safety cap
- 4. Place the orange tip against the middle outer thigh
- 5. Swing and push the auto-injector firmly into the thigh until it clicks
- 6. Hold firmly in place for three seconds
- 7. Pull straight back to remove auto-injector
- 8. Dispose of auto injector in sharps container



### **Fentanyl Citrate**

#### Indications

- 1. To control severe pain in patients over 2 yrs of age
- 2. Adjunct to medication assisted intubation
- 3. Premedication for painful procedure

#### Contraindications

- 1. Patients less than 2 yrs of age
- 2. Shock
- 3. Hypotension (systolic B/P <100), except for medication facilitated intubation

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Head injuries
- 2. Increased intracranial pressure
- 3. Elderly
- 4. Debilitated, poor-risk patients
- 5. COPD, other respiratory problems; any dose of Fentanyl may cause severe respiratory depression/arrest in a chronic COPD pt
- 6. Liver and Kidney dysfunction
- 7. Bradydysrhythmias
- 8. Patients who have received MAO inhibitors within 14 days
- 9. Myasthenia gravis
- 10. Pregnancy

- 1. Trauma Pain Management:
  - a. Adult Dose:
    - 25-100mcg IV/IM/IO/IN Q 10 min, max cumulative dose 300mcg
  - b. Ped Dose (over 2 yrs. age):
    - 1-2mcg/kg IV/IM/IO/IN Q 30 min
- 2. Cardiac Pain Management:
  - a. Adult Dose:
    - 25-100mcg IV/IM/IO/IN Q 10 min, max cumulative dose 300mcg
- 3. MAI:
- a Adult Dose
  - 25-100mcg IV/IO Q 10 min, max cumulative dose 200mcg
- 4. May reverse with Narcan

# Medications



# Glucagon

### Indications

1. Hypoglycemia with blood sugar <60 and symptomatic, or when Dextrose administration is not possible

### **Contraindications**

- 1. Hypersensitivity
- 2. Pts with known pheochromocytoma

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. History of cardiovascular or renal disease
- 2. May enhance anticoagulants effects
- 3. Must have sufficient stores of glycogen in liver to be effective
- 4. Obtain blood glucose level before and after administration

- 1. Adult Dose:
  - a. 1mg IM/IN injection
- 2. Peds Dose:
  - a. 0.03mg/kg IM//IN injection Q 15 minutes PRN up to 3 doses, max total dose 1 mg



# **Glucose - Oral**

### **Indications**

1. To treat hypoglycemia before unconsciousness

### **Contraindications**

- 1. Unresponsiveness
- 2. Pt unable to swallow
- 3. Pediatrics < 2 years of age

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Opened or punctured tube
- 2. Do not administer oral glucose to a patient who has altered mental status, or is unresponsive

### **Administration Technique**

1. Squeeze one tube into pt mouth PRN



# **Ketamine/Ketalar**

### Indications

- 1. Behavioral Emergency
- 2. Pain management
- 3. Seizures

### Contraindications

- 1. Hypersensitivity to medication
- 2. Stroke
- 3. Severe Hypertension
- 4. Cardiac Instability

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

1. Pts with schizophrenia

### **Administration Technique**

- 1. Adult Dose:
  - a. Behavioral

Adult: 4 mg/kg IM max dose 400 mg

b. Burns

Adult: 0.25 mg/kg IV/IO; 1 mg/kg IM Peds: 0.25 mg/kg IV/IO; 1mg/kg IM

c. Pain Management

Adult: 0.2 mg/kg IV/IO/IM max dose 25 mg

d. Seizure Refractory to Versed Adult: 1mg/kg slow IV/IO Push

Begin Ketamine infusion 0.5-2mg/kg/hr



# **Levophed/Norepinephrine**

### **Indications**

1. Acute non traumatic hypotension

### Contraindications

- 1. Hypersensitivity to medication
- 2. Hypotension due to hypovolemia

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Causes tissue necrosis if extravasation occurs
- 2. Monitor for cardiac arrhythmias
- 3. Sudden cessation of the infusion may result in marked hypotension

- 1. Adult Dose:
  - a. 0.4 mcg/kg/hr IV infusion



# **Lidocaine/Xylocaine**

### **Indications**

1. Reduction of pain in medication administration via EZ-IO in conscious pts

### **Contraindications**

1. Hypersensitivity to Lidocaine

### **Administration Technique**

1. EZ-IO in conscious pts:

a. Adult Dose: 20-40mg slow IOb. Peds Dose: 0.5mg/kg slow IO



# **Magnesium Sulfate**

### **Indications**

- 1. Cardiac arrest secondary to torsades de pointes
- 2. Eclampsia
- 3. Respiratory distress secondary to bronchospasm (i.e. COPD)

### **Contraindications**

- 1. Heart block
- 2. Renal disease
- 3. Hypermagnesemia
- 4. Shock

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Occasional fall in blood pressure with rapid administration.
- 2. Use with caution if renal failure is present.

- 1. Adult Cardiac Arrest (Torsades de Pointes):
  - a. 1-2g IV/IO (2-4mL of a 50% solution) diluted in 10 mL of Normal Saline IV/IO over 5 to 10 minutes.
- 2. Pediatric Cardiac Arrest (Torsades de Pointes):
  - a. Refer to Pediatric Cardiac Arrest Standing Order
  - b. 25-50mg/kg IV/IO, max 2 g, over 10-20 min
- 3. Eclampsia:
  - a. 1-2g slow IV/IO Q 5min, max 4g
- 4. Respiratory distress due to acute bronchospasm (i.e. COPD)
  - a. Adult: 2 grams IV over 20-30 minutes



# **Morphine Sulfate**

### **Indications**

1. Pain Control

### **Contraindications**

- 1. Hypersensitivity to drug
- 2. Hypotension (systolic B/P <100)

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Administer slowly and titrate to effect
- 2. May cause respiratory depression
- 3. Causes hypotension in volume depleted pts
- 4. Use with caution in inferior or right ventricular infarction
- 5. Elderly or debilitated pts
- 6. Head Injuries/Increased ICP
- 7. Seizures

- 1. Adult Dose:
  - a. 2-5 mg IV/IO/IM Q 10 min PRN
- 2. Ped Dose:
  - a. 0.1-0.2 mg/kg IV/IO/IM MAX single dose 5mg Q 10 min PRN
- 3. May reverse with Narcan



# Narcan/Naloxone Hydrochloride

### **Indications**

- 1. Unconsciousness/coma of unknown origin/respiratory depression/pinpoint pupils
- 2. Opiate overdose

### **Contraindications**

1. Sensitivity to drug

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Half life shorter than opiates, repeat dosing may be needed
- 2. Rare anaphylactic reactions have been reported
- 3. Seizure/vomiting may occur, especially if pushed rapidly
- 4. Will cause opiate withdrawal in patients who have regular opiate use
- 5. Use cautiously in meperidine induced seizures

- 1. Adult dose:
  - a. 0.5-2mg slow (if possible) IV/IO/IM Q 2-3 min PRN (IN 4 mg)
  - b. 4 mg IN with atomizer (1 ML per nostril)
- 2. Peds dose:
  - a. Less than 5 years old: 0.1mg/kg IV/IO/IM/IN (with atomizer)
  - b. Older than 5 years: Same as adult
- 3. Use higher doses for complete narcotic reversal.
- 4. For chronic opioid use by pts. use a smaller dose and titrate slowly.



# Nitroglycerin

### **Indications**

- 1. Angina pectoris associated with ACS
- 2. Treatment of acute pulmonary edema/CHF
- 3. Treatment of severe hypertension

### **Contraindications**

- 1. Hypersensitive to drug
- 2. Hypotension (SBP <100mmHg or more than 30mmHg below baseline)
- 3. Severe bradycardia (<50bpm)
- 4. RV infarction
- 5. Use of phosphodiesterase inhibitors for erectile dysfunction (e.g. Viagra (sildenafil) and Levitra (vardenafil) within 24 hours; Cialis (tadalafil) within 48 hours)
- 6. Head injury including CVA
- 7. Pts less than 12 years of age

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Pts should sit or lie down when receiving this medication
- 2. Monitor pt B/P closely. An IV should be considered prior to Nitroglycerin administration. Pts with systolic B/P <140 must have a saline lock in place or an IV initiated with Normal Saline running at TKO prior to the first nitroglycerin administration.

### **Administration Technique**

1. 1 sublingual tablet Q 3-5 min PRN, max 3 tablets total



# Oxygen

### Indications

- 1. Any suspected cardiopulmonary emergency with increased work of breathing/hypoxia/cyanosis
- 2. Complaints of SOB and suspected ischemic pain
- 3. Acute coronary syndrome ONLY if SpO2 is <92%
- 4. For pts with suspected stroke and hypoxemia
- 5. Trauma especially multi-systems injury involvement

### **Contraindications**

1. There are no absolute contraindications.

### **Precautions**

- 1. Observe closely when using with pulmonary pts known to be dependent on hypoxic respiratory drive (very rare)
- 2. Pulse oximetry may be inaccurate in low cardiac output states, with vasoconstriction, or with carbon monoxide exposure
- 3. If oxygen saturation is > 95%, routine oxygen administration is not necessary unless the patient shows signs and symptoms of respiratory distress
- 4. Use the lowest concentration of oxygen necessary to maintain oxygen saturation > 95%

- 1. Administer supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%:
  - a. Nasal Cannula: 2-6L/min
  - b. Non rebreather mask with reservoir: 10-15L/min
  - c. Bag valve mask with high flow oxygen attached: 15L/min
  - d. CPAP 5-15 cm H20 per protocol
  - e. Pocket mask with oxygen inlet: up to 15L/min



# **Sodium Bicarbonate**

### **Indications**

- 1. Cardiac arrest in renal failure patient (suspected hyperkalemia)
- 2. Tricyclic antidepressant overdose with wide complex QRS

### **Contraindications**

- 1. Metabolic and respiratory alkalosis
- 2. Hypercarbic acidoses (e.g. cardiac arrest and CPR without intubation)
- 3. Hypocalcemia
- 4. Hypokalemia

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Adequate ventilation and CPR, not bicarbonate, are the major "buffer agents" in cardiac arrest.
- 2. Not recommended for routine use in cardiac arrest pts.
- 3. In patients with chloride loss from vomiting and GI suction
- 4. Do not mix with any other resuscitative medications

- 1. Adult Dose:
  - a. 50mEq IV/IO
- 2. Pediatric doses:
  - a. Refer to Pediatric cardiac arrest standing order
  - b. 1mEq/kg IV bolus



# Solu-Medrol(Methylprednisolone)

### Indications

- 1. Anaphylaxis
- 2. Asthma
- 3. Exacerbation of COPD

### Contraindications

- 1. Allergy or intolerance to medication
- 2. Use caution in diabetic patients as this medication will raise blood glucose.

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

1. Pts with chronic conditions such as renal disease, hypertension, diabetes mellitus, hypothyroidism, Gl bleeding disorders & diverticulitis, decreased autoimmune system, seizures, heart failure, tuberculosis, emotional instability & psychotic tendencies have an increased risk of medical complications after receiving any steroid medication over a long time period. Use of Solu-Medrol for acute respiratory emergencies is appropriate.

- 1. Drug must be reconstituted prior to administration
- 2. Adult dose:
  - a. 125 mg IV/IO/IM over 30 to 60 seconds
- 3. Ped dose:
  - a. 1-2mg/kg IV/IO/IM max 125 mg over 30 to 60 seconds



# Versed(Midazolam)

### **Indications**

- 1. Seizures
- 2. Induce sedation and amnesia prior to cardioversion and other painful procedures
- 3. Extreme combative behavior

### **Contraindications**

- 1. Hypersensitivity to benzodiazepines
- 2. Pregnancy during active labor
- 3. Hypotension (systolic B/P < 100), except for medication facilitated intubation

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. COPD
- 2. Chronic renal failure
- 3. Congestive heart failure
- 4. Elderly
- 5. Pregnancy
- 6. Acute narrow-angle glaucoma
- 7. Acute alcohol intoxication

- 1. Seizures/Sedation prior to painful procedures/cardio-version/pacing:
  - a. Adult Dose:
    - 2.5-5mg slow IV/IO/IM/IN Q 5 min PRN
  - b. Pediatric Dose:
    - 0.1mg/kg IV/IO/IM/IN Q 5 min PRN, max single dose 2.5 mg
- 2. Combative/behavioral:
  - a. Adult Dose:
    - 2.5-10mg IV/IO/IM/IN Q 5 min PRN (titrate to desired effect, slow administration if possible)
  - b. Pediatric Dose:
    - 0.1mg/kg IV/IO/IM/IN Q 5 min PRN, max single dose 2.5 mg



# Zofran (Ondansetron)

### **Indications**

1. Prevention of nausea/vomiting

### **Contraindications**

1. Hypersensitivity

Precautions: Carefully consider desired benefits versus potential risks before administering this medication

- 1. Pregnancy
- 2. Lactation
- 3. Children
- 4. Elderly
- 5. Hepatic impairment
- 6. Hypotensive cardiac patients

### **Administration Technique**

- 1. Adult Dose:
  - a. 4mg IV/IO/IM, may repeat once in 10 minutes or,
  - b. One 8 mg Oral Disintegrating Tablet (ODT)
- 2. Peds Dose:
  - a. 0.1mg/kg IV/IO/IM for children < 40 kg, max 1 dose</li>4mg for child > 40 kg, max 1 dose

ODT Zofran is contraindicated in pediatric patients < 40 kg

# Special Procedures



# 12 Lead ECG

### Basic

1. Obtain and transmit 12-lead ecg

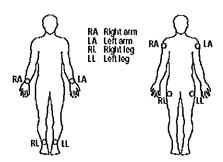
### Advanced

1. Obtain and transmit 12-lead ecg

### **Paramedic**

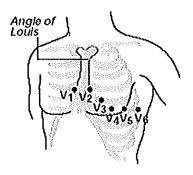
- 1. For chest pain go to Chest Discomfort/ACS
- 2. Indications for 12 Lead ECG:
  - a. Chest pain/discomfort/pressure/tightness/burning/sensations (also neck, jaw, upper extremity or back pain signs/ symptoms of ACS)
  - b. Anginal equivalent
    - 1. Dyspnea
    - 2. Weakness
    - 3. Pre-Syncope
    - 4. Syncope
    - 5. Palpitations
    - 6. Diaphoresis
  - c. Arrhythmia on cardiac monitor
  - d. Stroke/CVA/Seizure
  - e. Post-Resuscitation
  - f. Pre/Post Cardioversion
  - g. Blunt chest trauma
  - h. Drug overdose/Poisoning
- 3. Attach and run 12 Lead ECG \*\*See proper lead placement reference below\*\*
- 4. If EKG findings are diagnostic of ACS/AMI
  - a. Do not delay transport more than 3-5 minutes to obtain 12 lead-
  - b. Bryan Hospital is the preferred transport destination for STEMI pts in Williams County
  - c. Consider air ambulance transport to closest appropriate PCI facility for STEMI pts with extended transport distance only when immediate transport to Bryan Hospital or a closer appropriate hospital is not possible. Do not stay on scene waiting for an air ambulance; divert them to meet you at your destination hospital.
  - d. Contact receiving hospital as soon as practical for report of findings.
  - e. Repeat 12 Lead ECG if change in patients pain or condition.





Although the electrodes may be placed anywhere along the limbs, standard locations for limb lead electrodes are:

- Right arm electrode near the wrist on the inside of the patient's right arm;
- · Left arm electrode near the left wrist;
- · Left leg electrode on the inner aspect of the left leg near the ankle;
- · Right leg electrode near the right ankle.



### Precordial lead electrode placement

.ead	Location
V1	Fourth intercostal space to the right of the sternum.
V2	Fourth intercostal space to the left of the sternum.
V3	Directly between leads V2 and V4.
V4	Fifth intercostal space at midclavicular line.
V5	Level with V4 at left anterior axillary line.
V6	Level with V5 at left midaxillary line (directly under the midpoint of the armpit).



# **Blood Glucose Check -\_Glucometer**

\*\*\*EMT level and above\*\*\*

### **Indications**

1. Pts including but not limited to: altered mental status, syncope, cardiac arrest, diabetic pts, cardiac pts, falls, seizures

### **Administration Technique**

- 1. Use universal precautions/BSI.
- 2. Prepare the lancet device according to manufacturer's instructions.
- 3. Remove a new test strip from the vial. Tightly replace the vial cap immediately.
- 4. Gently insert the test strip into the meter.
- 5. Check that the code number displayed matches the code number on the vial of test strips that you are using.
- 6. Once the strip is correctly inserted, a blood drop symbol flashes on the display.
- 7. Cleanse lateral side of fingertip with alcohol wipe, allow alcohol to dry completely.
- 8. Pierce prepped site with lancet. Dispose of lancet in an approved Sharps container.
- 9. Holding glucometer, place test strip next to blood drop, blood will be automatically drawn into strip.
- 10. If you don't have enough blood on the initial drop a second drop of blood may be applied to the test strip within 15 seconds of the first drop. If more than 15 seconds have passed, the test result may be erroneous and you should discard the test strip and repeat the test.
- 11. When the sample is applied to the strip, a countdown displays until the measurement is completed.
- 12. The blood glucose result is displayed. The result is automatically recorded in the meter's memory.
- 13. Hold pressure on puncture site until bleeding stops, place bandage if needed.
- 14. Document the blood glucose result in the patient chart.
- 15. Remove the test strip from the meter and discard
- 16. When the test strip is removed, the strip symbol flashes indicating the meter is ready to accept another strip. If you are done testing; turn meter off.
- 17. After obtain the reading, treat as needed under hypo/hyperglycemia standing order.

Note: This method is preferred over a venous blood sample from an IV start.



# **Cardioversion (Synchronized)**

### **Indications**

- 1. All tachycardias (rate>150bpm) with serious signs and symptoms related to the tachycardia.
  - a. Unstable signs include altered mental status, ongoing chest pain, hypotension, shock.
- 2. Consider a brief trial of medications based on specific arrhythmias.

### Contraindications

- 1. Poison/drug-induced tachycardia.
- 2. In critical conditions go to immediate unsynchronized shocks.
- 3. Volume depletion induced tachycardia should be treated with IV fluid boluses

### **Precautions**

- 1. Urgent cardioversion is generally not needed if heart rate is < 150bpm.
- 2. Prepare to defibrillate immediately if cardioversion causes VF.
- Synchronized cardioversion cannot be performed unless the pt is connected to monitor leads: lead select should be on lead il

- 1. Place cardiac monitor. Perform 12 lead EKG if time allows.
- 2. Establish IV and premedicate whenever possible.
  - a. Versed 2.5-5mg slow IV/IO/IM Q 5 min PRN max dose 5 mg
  - b. Ketamine 0.2 mg/kg up to 25 mg IV/IO
  - c. Fentanyl 25-100 mcg IV/IO
- 3. Have equipment and personnel available for cardiac arrest (oxygen, suction, intubation).
- 4. Follow device-specific directives to prepare for synchronized cardioversion:
  - a. Select Sync On/Off.
  - b. Look for sync markers on the R wave.
  - c. Adjust energy to appropriate setting:
    - -Narrow Regular: 50-100J
    - -Narrow Irregular: 120-200J
    - -Wide Regular: 100J
    - -Wide Irregular: Defibrillation Dose Not Synchronized
    - If initial dose fails, increase in stepwise fashion by 50J increments
- 5. Press Charge.
- 6. Clear the patient.
- 7. Press Shock.
- 8. Reevaluate patient and rhythm.
- 9. Sync will have to be engaged prior to each cardioversion



## **CPAP**

\*\*\*EMT, AEMT, Paramedic\*\*\*

### **Indications**

- 1. Shortness of breath for reasons other than pneumothorax AND:
- 2. Evidence of severe respiratory distress (accessory muscles, tachypnea)
- 3. Awake with open airway
- 4. Systolic blood pressure above 100 mmHg
- 5. Signs and symptoms consistent with asthma, COPD, pulmonary edema or pneumonia

### **Contraindications**

- 1. Pneumothorax
- 2. Unresponsive
- 3. Respiratory arrest
- 4. Uncontrolled vomiting

- 1. Adjust PEEP to desired setting
- 2. Attach to 02, set flow at 10 lpm
- 3. Apply mask to patients face, hold to face to make sure the patient will tolerate the mask
- 5. Apply straps to mask.



# **Defibrillation Single Shock Sequence**

### **Indications**

1. First intervention for VF or pulseless VT

### Contraindications

1. Do not shock asystole/ PEA

### **Precautions**

- 1. Do not delay defibrillation for VF/VT if witnessed arrest and defibrillator is available.
- 2. Always "clear" the pt. before discharging a defibrillation shock
- 3. If unwitnessed cardiac arrest provide 5 cycles of CPR prior to defibrillation.
- 4. Treat VF/VT in hypothermic cardiac arrest with an initial defibrillation shock. Repeat shocks for VF/VT only after core temperature rises above 30 degree Celsius. (86.0 F)
- 5. If pt. in VF/VT has an automatic implantable cardioverter defibrillator (AICD), perform external defibrillation per BLS section.
- 6. If pt. has implanted device (e.g. pacer, AICD), place paddles and pads least 1 in. (2.5cm) from the device. If AICD is delivering shocks, wait 30 to 60 sec. for completion of cycle.
- 7. When using AED pads, do not use child pads or child attenuator system for adult defibrillation.
- 8. Use adult pads and dose when child is 8 yrs. of age and older, over 25kg (55 pounds), or over 50 in. in length.
- 9. Use of adult pads for children/infants is permitted in the anterior/posterior position if pediatric pads are unavailable

- 1. Manual Biphasic Defibrillator:
  - a. 150J for first shock
  - b. Use maximum energy setting for all subsequent shocks (device appropriate)
- 2. Following Single Shock:
  - Resume CPR, beginning with chest compressions, for 5 cycles or about 2 min., then reanalyze rhythm, deliver shock as indicated, resume CPR immediately after each shock
- 3. Follow Cardiac Arrest Standing Order
  - a. Refer to appropriate adult/pediatric Standing Order



# EZ - IO

### \*\*\*Advanced/Paramedic Skill Only\*\*\*

### Indications

- 1. Intravenous fluids or medications are needed and a peripheral IV cannot be established
- 2. May be considered after 2 peripheral IV attempts in the following situations:
  - a. Cardiac arrest (medical or traumatic)
  - b. Profound hypovolemia with alteration of mental status
  - c. Patient in extremis with immediate need for delivery of mediations and/or fluids
  - d. An altered mental status (GCS of 8 or less)
  - e. Respiratory compromise (SAO2 80% after appropriate oxygen therapy, respiratory rate < 10 or > 40 min)
  - f. Hemodynamic instability (Systolic BP of < 90).

### Contraindications

- 1. Fracture of the bone selected for IO infusion (consider alternate site)
- 2. Excessive tissue at insertion site with the absence of anatomical landmarks (consider alternate site)
- 3. Previous significant orthopedic procedures (IO within 24 hours, prosthesis-consider alternate tibia)
- 4. Infection at the site selected for insertion (consider alternate site)

### **Precautions**

1. The EZ-IO AD & EZ-IO PD are not intended for prophylactic use.

### Considerations

- 1. Flow rate
  - a. Due to the anatomy of the IO space you will note flow rates to be slower than those achieved with IV catheters.
- 2. Ensure the administration of an appropriate rapid syringe bolus (flush) prior to infusion NO FLUSH NO FLOW
  - a. Rapid syringe bolus (flush) the EZ-IO AD with 10 ml of normal saline
  - b. Rapid syringe bolus (flush) the EZ-IO PD with 5 ml of normal saline
  - c. Repeat syringe bolus (flush) as needed
  - d. To improve continuous infusion flow rates always use a syringe, pressure bag or infusion pump
- 3. Pain
- a. Insertion of the EZ-IO & EZ-IO PD in conscious patients has been noted to cause mild to moderate discomfort (usually no more painful than a large bore IV). However, IO Infusion for conscious patients has been noted to cause severe discomfort.
- b. Prior to IO syringe bolus (flush) or continuous infusion in alert patients, SLOWLY administer Lidocaine 2% (Preservative Free) through the EZ-IO hub.

EZ-IO AD Slowly administer 20-40 mg Lidocaine 2% (Preservative Free)

EZ-IO PD Slowly administer 0.5mg/kg Lidocaine 2% (Preservative Free)



# I gel supraglottic airway

\*\* EMT, AEMT, Paramedic\*\*

### **Indications**

- 1. Inability to maintain an airway by less invasive measures.
- 2. Inability to intubate pt who is unable to protect airway.

### Contraindications

1. Gag reflex

- 1. Place patient supine, maintain spinal motion restriction (SMR) if spinal injury is suspected.
- 2. Use basic airway adjuncts to open the airway and preoxygenate the patient as equipment is prepared.
- 3. Place the head in a neutral position.
- 4. Select appropriate sized i Gel
  - a. Size 3,4,5 are typical adult sizes
- 5. Insert iGel midline through oropharynx using a tongue-jaw-lift maneuver. Advance until the airway seats in the posterior pharynx
- 6. No inflation required
- 7. Ventilate through the port with a bag-valve mask connected to 100% oxygen with waveform capnography while auscultating over the chest and stomach. If you hear bilateral breaths sounds over chest and no sounds over the stomach, secure the tube and continue ventilations.
- 8. Confirm proper placement with chest rise, bilateral breath sounds, absent sounds over epigastrium
- 9. Must have continuous waveform capnography
- 10. Secure tube (if not already secured) and continue ventilations with 100% oxygen.
- 11. Frequently reassess airway and adequacy of ventilation.



# **Intubation**

### \*\*\*Intubation is an AEMT/Paramedic skill only\*\*\*

- 1. Place patient supine but head up 30 degrees if able
  - a. Maintain SMR if spinal injury suspected
  - b. Open the front of the collar if necessary to facilitate intubation
- 2. Use basic airway adjuncts to open airway and preoxygenate patient as equipment is prepared.
  - a. Preoxygenation escalation
    - i. nasal cannula
    - ii. nasal cannula + NRB
    - iii. CPAP
    - iv. BVM + Peep valve
- 3. Keep suction on and tested (Ducanto suction preferred).
- 4. Position patient's head and neck in "sniffing position" if no spinal injury is suspected (head up 30 degrees).
- 5. Remove any dentures or partial dental plates if necessary to facilitate intubation
- 6. Insert Direct Laryngoscope (DL) into right side of mouth, sweep tongue to left
  - video Laryngoscopy (VL) preferred-insert into mouth and follow tongue until epiglottis appears. Move
    VL into vallecula and lift mandible and tongue forward. Use hand on thyroid cartilage to move trachea
    into position
- 7. Directly visualize the vocal cords and pass the bougie and/or ETT through the glottic opening until distal cuff passes the vocal cords, and then advances it another 1-2 cm.
- 8. Inflate cuff with 5-10mL of air and remove syringe.
- 9. Holding tube in place, ventilate patient with bag-valve mask attached to 100% O2 with waveform capnography attached-Mandatory
- 10. Confirm proper placement by looking for chest rise, no sounds over the epigastrium, equal bilateral lung sounds
- 11. Must have continuous waveform capnography
- 12. Secure ETT with appropriate size commercial device while maintaining ventilatory support.
- 13. Repeat step 10 periodically to confirm proper tube placement.
- 14. Limit intubation attempts to one. Move to placement of iGel

<sup>\*\*</sup>Whenever the distal cuff on the ET tube is inserted beyond the patient's teeth, this counts as an intubation attempt for patient care reporting\*\*



# **Intubation (Medication Assisted)**

\*\*\*Medication Assisted Intubation is a paramedic skill only\*\*\*

\*\*\*It is recommended that at least 2 paramedics be involved in patient care when performing a medication assisted intubation\*\*\*

### AIRWAY CHECKLIST (must be read aloud before proceeding)

- 1. Pull ambulance to a safe stop if not already performed
- 2. RESUSCITATE before you intubate(do not proceed if you haven't addressed hypoxia and/or hypotension
- 3. All personnel assisting
- 4. Head up 30 degrees, collar off
- 5. Pre-oxygenation. Nasal cannula→NRB→CPAP→BVM with Peep
- 6. Minimum 2 IV/IOs running
- 7. All monitoring equipment on (SpO2, NIBP, ECG, ETCO2)
- 8. Suction on and tested
- 9. Medications drawn up, doses checked
- 10. Kit dump (laryngoscope, tubes, OPA/NPAs, securing device, bougie)
- 11. Failed airway equipment out and ready (iGel, Cric kit)

### **Medication Administration**

- 1. Etomidate: 0.3 mg/kg IV/IO or Ketamine 1-1.5 mg/kg; Hypotensive patients decrease ketamine by  $1/3^{\rm rd}$
- 2. Versed: 2.5-10mg IV/IO Q 5 min PRN (titrate to desired effect)
  - a. Consider 2.5-5mg dose with BP< 100 systolic
- 3. Fentanyl: 25-100mcg IV/IO Q 10 min PRN, max cumulative dose 300 mcg
  - a. Consider 25-50mcg dose with BP< 100 systolic
- 4. Push Dose Epinephrine
  - a. Withdraw 1 ml from Epi 1: 10,000 (cardiac arrest epi) and mix with 9 ml of normal saline
  - b. Label syringe with tape
  - c. Each ml is now = 10 mcg epi
  - d. Give 1-2 ml (10-20 mcg) epi every 2-3 minutes until MAP > 65 or systolic >100 mmHg



### Intubation

- 1. Intubation by most skilled intubator on scene
- 2. Video laryngoscopy with ETT and bougie loaded preferred
- 3. Insert endotracheal tube at the onset of apnea and jaw relaxation
- 4. If unable to pass ETT on first attempt, move immediately to iGel
- 5. Confirm placement with waveform capnography (Mandatory)

### Post-intubation

- 1. Continued sedation:
  - a. Versed 2.5-10mg IV/IO Q 5-10 min PRN (titrate to desired effect)
  - b. Fentanyl 25-100mcg IV/IO Q 5-10 min PRN, max cumulative dose 300 mcg
- 2. Vitals reassessed Q 5-10 min
- 3. Monitor capnography closely to maintain CO2 level 35-45

<sup>\*\*</sup>Whenever the distal cuff on the ET tube is inserted beyond the patient's teeth, this counts as an intubation attempt for patient care reporting\*\*



# **IV/External Jugular IV Access**

### \*\*\*IV initiation is an Advanced and Paramedic skill only\*\*\*

- 1. For the purposes of this protocol, ALL IV's may be INT's unless IV fluid is specifically indicated
- 2. Establishing IV access should never delay transport in the critically ill pt and should be obtained on the scene only if immediately necessary.
- 3. Assemble supplies and explain procedure to patient.
- 4. Select venipuncture site and place constricting band proximal to site.
- 5. Cleanse the site with betadine or alcohol.
- 6. Insert catheter till blood return is noted.
- 7. Lower and advance the entire catheter and needle unit slightly to ensure the catheter tip is within the vessel.
- 8. Place pad of index finger behind the push-tab and push the catheter off the needle into the vessel while occluding vein proximal IV.
- 9. Discard the needle into a puncture-resistant, leak-proof sharps container.
- 10. Remove constricting band.
- 11. Attach IV extension tubing with Saline flush or Normal Saline bag.
- 12. Flush the IV.
- 13. Check for signs of infiltration.
- 14. Apply a transparent dressing, allowing maximum use of extension tubing.
- 15. Secure with tape.
- 16. Monitor IV site for infiltration.

### \*\*\*External Jugular IV Access is a Paramedic skill only\*\*\*

- 1. External jugular IV access should be attempted only after repeat failed attempts at other peripheral IV
- 2. Assemble supplies.
- 3. Position patient supine or with lower extremities elevated.
- 4. If there is no possibility of c-spine injury, turn the patient's head to the side opposite of access.
- 5. Cleanse site with alcohol wipes or betadine.
- 6. Place a finger on the external jugular just above the clavicle to occlude venous return.
- 7. Insert catheter midway between the jaw and clavicle angling towards the torso at a 10-30 degree angle watching for flash.
- 8. Continue to occlude jugular vein until saline-filled lock or flushed IV tubing is attached.
- 9. Flush IV to assure patency.
- 10. Adjust fluid rate if indicated.
- 11. Monitor IV site for infiltration.



# **Lucas Device**

### **Indications**

1. Patient in cardiac arrest

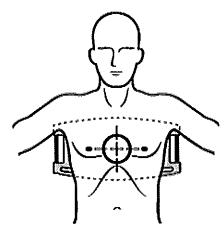
### **Contraindications**

- 1. Patient NOT in cardiac arrest
- 2. If it is not possible to safely or correctly position the device on the patients chest
- 3. Patient is too small or too large

Precautions: Carefully consider desired benefits versus potential risks.

1. Can cause rib fractures, abrasions, bruising or soreness of the chest

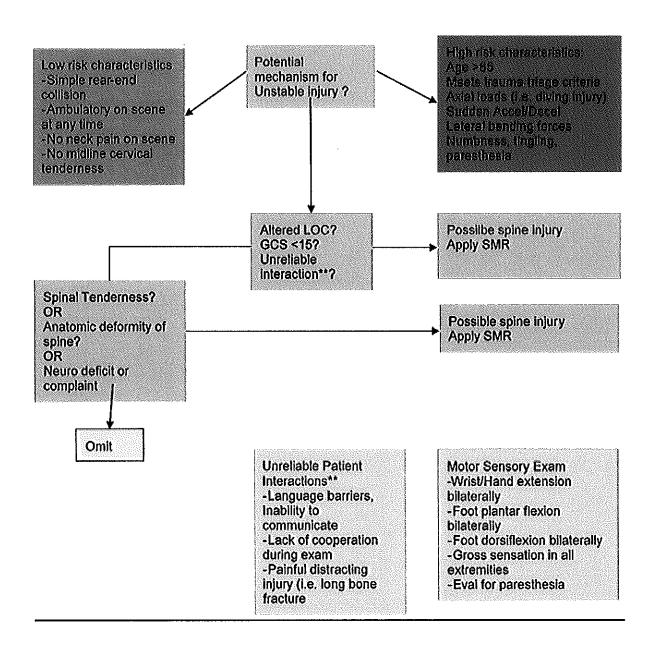
- 1. Turn the device on
- 2. Place the backplate
- 3. Attach the Lucas upper part to the back plate
- 4. Adjust the suction cup as pictured below



- 5. Push pause to lock the start position
- 6. Push ACTIVE continuous or ACTIVE 30:2
- 7. Apply stabilization strap and secure hands.



# **Spinal Motion Restriction (SMR)**





# Stroke/TIA/RACE score

### **Basic**

- 1. Determine LOC, including Glasgow Coma Score
- 2. Support ABC's
- 3. Supplemental oxygen with pulse oximetry to maintain oxygen saturation greater than 95%
- 4. Monitor vitals
- 5. Check blood sugar, treat per Standing Order
- 6. Protect any weak or paralyzed extremities
- 7. Determine Last Known Well (when was the last time the person was neurologically normal)
- 8. Consider rapid transport to closest facility
- 9. Consider air transport for acute stroke with onset less than 30 minutes and extended transport distance/time

### Advanced

- 1. Establish IV access, consider 2nd IV enroute, as time permits
- 2. Place cardiac monitor
- 3. Establish RACE score (see below)

### **Paramedic**

- 1. Perform 12 Lead EKG
- 2. Consider intubation if unable to manage airway with less invasive means



# **Surgical Cricothyrotomy**

\*\*\*Paramedic Skill Only\*\*\*

### **Indications**

- 1. Can't Intubate/Can't Oxygenate (CICO)
  - a. A patient that CAN be ventilated and oxygenated with BVM but can't be intubated iS NOT an indication for cricothyrotomy.

### Contraindications

- 1. Ability to secure airway with less invasive measures.
- 2. Under 12 years of age.

- 1. Arrange equipment necessary to complete task
- 2. Expose neck, hyperextend if no cervical spine injury suspected
- Locate the cricothyroid membrane. (Palpate the trachea locating the thyroid cartilage (Adams's apple).
   Immediately inferior to that palpate a notch between the thyroid cartilage and cricoid cartilage. This is the cricoid membrane.
- 4. Cleanse the area with alcohol or betadine if time permits
- 5. Stabilize cartilages with one hand, use scalpel in other hand to make a 1-2cm vertical skin incision over the membrane
- 6. Make a 1cm horizontal incision through cricothyroid membrane
- 7. Insert bougie
- 8. Insert a cuffed 6.0 or 6.5 endotracheal tube over the bougie directing the tube downward into the trachea
- 9. Inflate cuff and ventilate patient (easy to "mainstem" the airway so insert only until balloon disappears)
- 10. Confirm placement with continuous waveform capnography, 5 point auscultation, and chest rise
- 11. Secure tube.
- 12. Observe patient for signs of subcutaneous emphysema, severe hemorrhage, and poor oxygenation



# T-POD PELVIC BINDER

\*\*\*EMT, AEMT, Paramedic\*\*\*

### **Indications**

- 1. Significant Traumatic MOI with hypotension
- 2. Fall from a height
- 3. Compressive deceleration force
- 4. Multiple blunt force injuries

### Contraindications

- 1. Isolated hip fracture from a standing position fall
- 2. Penetrating injury where the binder would cover an impaled object
- 3. Patient under 23 kg

- 1. Center binder over the greater trochanters (not the iliac crest)
- 2. Fold belt until there is a 6 inch gap in the center of the belt
- 3. Apply the pulley system to each side of the T-POD with the Velcro
- 4. Use the pull tab on the pulley system and slowly apply tension until snug
- 5. Secure the pulley strings around the tabs
- 6. Ensure 2 fingers can fit between the device and patient
- 7. Record the time of applicatio



# **Transcutaneous Pacing**

\*\*\*Transcutaneous Pacing is a paramedic skill only\*\*\*

### **Indications**

- 1. Hemodynamically unstable or symptomatic bradycardia (e.g. blood pressure changes, altered mental status, angina, pulmonary edema).
- 2. Bradycardia with symptomatic ventricular escape rhythms
- 3. Pacing readiness (pacer pads on pt) in setting of ACS, as follows:
- a. Type II second degree heart block
- b. Third degree heart block
- c. New bundle branch block
- d. Symptomatic sinus node dysfunction

### Contraindications

- 1. Severe hypothermia
- 2. Prolonged bradyasystolic cardiac arrest

### **Precautions**

- 1. Electrical stimulation causes muscular jerking that may mimic carotid pulse. Confirm valid pulses with femoral and/or peripheral pulses
- 2. Conscious pts may require analgesia for discomfort.

### Administration Technique

1. Consider sedation prior to pacing (do not delay pacing):

### Adult

- a. Versed: 2.5-5mg slow IV/IO/IM, Q 5 min PRN
- b. Ketamine 0.2 mg/kg IV/IO or 0.5 mg/kg IN (max single dose 25 mg, may repeat x1 in 10 minutes to max dose 50 mg)
- c. Fentanyl 25-100 mcg IV/IO/IN

### Peds

- a. Versed: 0.1mg/kg IV/IO/IM q 5 min PRN, max single dose 2.5mg
- b. Ketamine 0.2 mg/kg IV/IO or 0.5 mg/kg IN
- 2. Place pacing electrodes on chest per package instructions
- 3. Turn the pacer on
- 4. Set demand rate to approximately 80bpm
- 5. Set current (mA) output as follows for bradycardia: increase (mA) from minimum setting until consistent capture is achieved (characterized by a widening QRS and a broad T wave after each pacer spike). Then add 5-10 mA for safety margin.